

**SOUTHERN CONNECTICUT STATE UNIVERSITY**  
**DEPARTMENT OF SOCIAL WORK**  
**Curriculum Vitae**

**NAME:** Jaak Rakfeldt, Ph.D., Professor

**EDUCATION:**

Postdoctoral Fellow in Clinical Research - Yale University School of Medicine,  
Department of Psychiatry - 1986 to 1988.

Ph.D. Interdisciplinary Social Science -  
The Maxwell School of Syracuse University - 1983.

M.Phil. The Maxwell School of Syracuse University - 1982.

M.S.W. Syracuse University - 1972.

B.A. State University of New York at Geneseo - 1968.  
Major: Psychology, Minor: Sociology.

**CAREER:**

August 1995 to present – Professor (Tenured 1998) - Southern Connecticut State University, School of Health and Human Services, Social Work Department. Teach Research Methods and Psychopathology Courses, Human Behavior in the Social Environment, Field Practicum Seminars, Seminar for Field Instructors, and Community Mental Health/Substance Abuse courses. Chair, Research Committee. Coordinated, SCSU-DMHAS collaboration. Chair, MSW Mental Health/Substance Use Specialization. Developed and serve as the Coordinator of the MSW Intensive Cohort Program with a focus on the Co-occurring Disorders of Mental Illness and Substance Use. 2014 - Coordinator, MSW Program.

September 1992 to May 1995 - Adjunct faculty - Southern Connecticut State University, School of Professional Studies, Social Work Department. Taught Research Methods and Psychopathology Courses

September 1995 to present - Assistant Clinical Professor - Yale University School of Medicine Department of Psychiatry. Collaborate in research dealing with mental health and substance use, and conduct research colloquia for social work and nursing staff and provide instruction and clinical supervision.

July 1988 to September 1995 - Yale University School of Medicine Department of Psychiatry: Associate Research Scientist. Connecticut Mental Health Center - Psychiatric Social Work Supervisor. Worked with Dr. John S. Strauss on the Yale Longitudinal Study of Severe Mental Disorder (MH34365-07). Served as the clinical research coordinator to an NIMH funded study entitled: "RESPITE VS INPATIENT CARE: AN EXPERIMENTAL STUDY". Along with Dr. William H. Sledge, authored this project's successful Community Support Program (CSP) grant application (MH47638-01). This project was a randomized crisis residence alternative to inpatient hospitalization. In addition, supervised clinical case managers and other master's level staff, performed organization-development activities, and carried a clinical load involving group psychotherapy, couples, and individual patients. Served as the liaison between the Outpatient Division at Connecticut Mental Health Center (CMHC) and the Inpatient services at CMHC and Yale New Haven Hospital. Served as co-investigator on a federally funded grant that paired volunteers up with persons with severe and prolonged mental illness living in the community (MH47644-R18). Serve as an Independent Evaluator for the Multi-Center Comparative Treatment Study of Anxiety and Panic Disorder (MH45966-05).

September 1984 to June 1986 - Hamilton College: Special appointment as Lecturer in Sociology.

1973 to 1988 - Mohawk Valley Community College: Professor of Psychology and Coordinator of the Human Services Program (Instructor '73-'76, Assistant '76-'81, Tenured 1978, Associate '81-'85, Professor '85-'88). Taught Mental Health Sequence (Theories of Personality, Approaches to Psychotherapy) in addition to Abnormal Psychology, Cognitive-Behavioral Therapy, Introduction to Human Services, Introduction to Sociology, Introduction to Psychology, Sociology of Institutions, Community Residence Management, and Group Dynamics. In addition, was in charge of internship placements and curricular development.

1972 to 1973 - Hutchings Psychiatric Center: Psychiatric Social Worker with groups and individuals in both an inpatient setting and a community-based clinic. Worked with patients in transition from hospital to community. Ran groups oriented toward patients return to work and family.

1971 to 1972 - Consultant to National Teacher Corps: Was engaged in team building and organization development activities with inner-city school teachers.

1968 to 1972 - Craig Developmental Center: Psychiatric Social Worker. Duties included setting up community-based living situations for patients in transition from institution to independent living. In addition, sought rehabilitation opportunities for patients through placement in sheltered and competitive situations.

### **PROFESSIONAL HONORS OR RECOGNITION:**

1979 - Listed in Outstanding Young Men of America.

1981 - Mohawk Valley Community College nominee for the State University of New York Chancellor's Award for Excellence in College Teaching.

1981 - Recipient of the Mohawk Valley Community College Excellence in Service Award.

1981 - Listed in Who's Who in the East.

1986 - Who's Who Among Scholars in American Community, Technical, and Junior Colleges.

1993 - Connecticut Mental Health Center Department of Social Work Excellence in Service Award for Research.

1995 - Connecticut Mental Health Center Department of Social Work Excellence in Service Award for Research Education.

2006 – Recipient of the J. Philip Smith Outstanding Teacher Award, Southern Connecticut State University.

**DEPARTMENTAL, UNIVERSITY ACTIVITIES** (committee assignments past and present):

2014 - Coordinator, MSW Program, Social Work Department

2013 – Member, Research and Scholarship Advisory Committee (RSAC)

2012 - CSUS Trustee's Research Award Committee

Chair, CSUS Trustee's Research Award Committee, which led to Southern's nominee receiving the award.

Member, Social Work Department MSW Admissions Committee

Member, Search Committee for Dean of School of Health and Human Services

Member, Intellectual Property Ethics Committee

Chair, Social Work Department Mental Health/Substance Abuse Specialization

Chair, Social Work Department Evaluation Committee (DEC)

Member, Social Work Department Assessment Committee (DAC)

School of Health and Human Services Research/scholarship Committee

School of Health and Human Services Research/scholarship Mentoring Program

Member, Southern Connecticut State University Institutional Review Board (IRB)

Member, Social Work Department Research Committee.

Member, Social Work Department MSW Core.

Member, Social Work Department Personnel Committee.

Member, Social Work Department Curriculum Committee.

Member, Social Work Department MSW Admissions Committee.

Participant, BSW Core.

Member, The Crystal Network: SCSU International Education Committee.

Developed proposed Social Work Department Mental Health and Substance Abuse Specialization.

Member, Social Work Department Committee developing Alcohol and other Substances of Abuse Course.

Member, Social Work Department Field Placement Advisory Board.

Member, Southern Connecticut State University's Research and Scholarship Advisory Committee (R/SAC)

Member, Southern Connecticut State University's R/SAC's Research Visibility Standing Subcommittee

Member, Southern Connecticut State University's Faculty Development Advisory Committee (FDAC)

Member, Southern Connecticut State University's Undergraduate Curriculum Forum (UCF)

Member, Southern Connecticut State University's UCF's New Programs and Innovation Standing Subcommittee (NPIC)

Member, Southern Connecticut State University's Graduate Council

Member, Southern Connecticut State University's Graduate Council's Procedures Standing Subcommittee

Member, Southern Connecticut State University's committee organizing the CSU Faculty Research Conference

The Southern Connecticut State University's re-accreditation Scholarship and Research Committee

Member, Southern Connecticut State University's Institutional Review Board (IRB)

Reviewer for CSU-AAUP Summer Grants

Intellectual Property Ethics Compliance Committee

SHHS Scholarship Reassigned Time Committee

Chair, CSUS Trustee's Research Award Committee

Member, CSUS Trustee's Research Award Committee

Member, Marriage and Family Faculty Search Committee

Participated in New Student Orientations and presented "Mock Classes" to incoming students

**OTHER PROFESSIONAL ACTIVITIES** (past and present):

Member of the Executive Board (serve as Secretary) of **The Consultation Center (TCC)**: A Center for Prevention Services, Research, and Training. New Haven, CT. TCC is a cooperative endeavor of the Connecticut Mental Health Center, and the Department of Psychiatry, Yale University School of Medicine.

2006 - 2011 - Served as a member of a doctoral dissertation committee for Deborah Fisk, *Vulnerability and Health Care Service Use Among Homeless Persons with Psychiatric and Co-Occurring Disorders*. University of Connecticut School of Social Work.

Member of the editorial board for *Best Practices in Mental Health: An international journal*

Member of the editorial board for *The Journal of Adult Development*.

Reviewer for the *Journal Community Psychology*

Reviewer for *Hospital and Community Psychiatry*.

Reviewer for the journal *Psychiatric Services*

Reviewer for *Archives of General Psychiatry*

Reviewer for *The American Journal of Psychiatry*

Reviewer for *European Archives of Psychiatry and Clinical Neuroscience*

Reviewer for *Schizophrenia Bulletin*

Reviewer for *The Journal of Nervous and Mental Disease*

Reviewer for *Continuum: Developments in Ambulatory Mental Health Care*

Reviewer for *Acta Psychiatrica Scandinavica*

Reviewer for the *Yale University Press*

Reviewer for the Allyn and Bacon Press.

Reviewer for the Oxford University Press.

2013 - Clinical consulting and training to Institute of Professional Practice, Inc. Family and Community Ties Program, Meriden, CT

2013 - Organization Development Consultation to The Connecticut Women's Consortium, Hamden, CT.

2011 – Clinical consulting and training to the Bridgeport Public School System, Bridgeport, CT.

2008- Present - Private practice as a licensed clinical social worker

2008- 2010 - Clinical consulting to Central Naugatuck HELP, Inc., Waterbury, CT.

2007 - Clinical consulting to the Children's Center of Hamden, Hamden, CT.

2006 - Clinical consulting to Advanced Behavioral Health, Middletown, CT.

2005 - Clinical consulting to Child Guidance Center of Greater Bridgeport, Inc. Bridgeport, CT

2004 - Reviewer for the Connecticut State Health Department, Division of Health Systems Regulation, expert consultant in cases of alleged malpractice, or standards of practice violations.

2003 – 2006 - Clinical Consultation to Reliance House, Inc., Norwich, CT.

2002 – 2008 - Clinical Consultation to Bridges, Inc., Milford. CT.

1999 – 2002 - Clinical Consultation to Keystone House, Inc., Norwalk, CT.

1998 – Clinical Consultation to the Birmingham Group Health Services Group in Ansonia, CT.

1997 - Organization development, action-research consultant to the Northwest Mental Health Authority in Torrington, CT.

1994 - Clinical Consultant to The City of West Hartford Department of Social Services, Case Management Unit, West Hartford, CT.

1989 to 1992 - Clinical Consultant to Community Provider Consortium (CPC) of Meriden, CT.

April 1984 to September 1987 - Served on the Oneida County Department of Mental Health Community Services Board.

1979 to 1986 - Consultant to various agencies and organizations: The New York State Office of Mental Health, was involved with the inception of the Community Support System in New York State in 1979 training case managers and developing an integrated service system; Central New York Community Support program (trained case managers); The New York State Education Department; Oneida County Community Action; Catholic Charities; YWCA; and Central New York Psychiatric Center.

January 1978 to 1986 - Private practice as a licensed clinical social worker.

LICENSES AND CERTIFICATES:

Connecticut Department of Health Services Registry of Licenced Clinical Social Workers  
L.C.S.W. (#000057).

New York State Education Department certified social worker with third party reimbursement  
C.S.W. (#R14602).

NASW Register of Clinical Social Workers with the special designation of Diplomate in Clinical Social Work.

American Board of Examiners in Clinical Social Work as a Board Certified Diplomate in Clinical Social Work (#013907).

Institute for Rational Emotive Therapy, New York, NY: Certified RET therapist (#1296).

Dialectical Behavioral Therapy (DBT) – Intensive Advanced Certificate

Eye Movement Desensitization Reprocessing (EMDR) Level II Training

AFFILIATIONS (past and present):

ABCT – Association for Behavioral and Cognitive Therapies

SCCR - Society for Cross-Cultural Research

AACP – Member, American Association of Community Psychiatrists

NASW - National Association of Social Workers

CSWE - Council on Social Work Education

CSCSW - Connecticut Society For Clinical Social Work, Inc.

ASA - American Sociological Association.

EPL- The Estonian Psychological Association

AABS - Association for the Advancement of Baltic Studies

AABP - Association for the Advancement of Baltic Psychology

AAASS – American Association for the Advancement of Slavic Studies

EHS - Estonian Learned Society

ISA - International Sociological Association, member of the Sociology of Mental Health Working Group

SCRA - The Society for Community Research and Action: Division 27 of the American Psychological Association.

SSWR - Society for Social Work Research.

IAPSRs – The International Association of Psychosocial Rehabilitation.

**GRANTS & CONTRACTS RECEIVED:**

1990 - Co-author with W.H. Sledge for a grant to the Community Support Program (CSP) of NIMH (MH47638-01), which is a randomized crisis residence alternative to inpatient hospitalization. Total funding: \$1,087,806.

1992 - International Research and Exchanges Board. "The Preservation of Ethnic Identity in Occupied Estonia" \$25,000.

1993- International Research and Exchanges Board. "The Preservation of Ethnic Identity in Occupied Estonia" \$6,578.

1993 - The Soros Foundation. "The Preservation of Ethnic Identity in Occupied Estonia" 50,000 EEK (Estonian Kroons).

1996 - IREX International Research and Exchanges Board- Short-Term Travel Grant: "The Preservation of Ethnic Identity in Occupied Estonia." \$2,508.

1996 - Connecticut State University Research Grant: "Yale Longitudinal Study Data Analysis." \$4,000.



- 1996 - Southern Connecticut State University Curriculum Development Grant: "Develop Mental Health Specialization for MSW program". \$3,000.
- 1996 - Southern Connecticut State University Faculty Development Grant: "Social Work Practice: Moving Toward the Millennium, Issues and Challenges Facing Social Workers in the Public Sector". \$950.
- 1996 - Southern Connecticut State University, School of Professional Studies Scholarship Release Time Grant: "Develop Existential Coping Instrument". 3 credit hours.
- 1996 - Southern Connecticut State University Faculty Development Grant: "Upgrade quantitative data analysis skills among social work faculty". \$1,750.
- 1997 - Southern Connecticut State University Faculty Development Grant: "Monthly sharing and mentorship, scholarship, grant writing, and technology." (with Mary Brown, Joseph Inguanti, & Bonnie Cashin Farmer) \$1,500.
- 1997 - Connecticut State University Research Grant: "Refining an Existential Coping Instrument." \$4,000.
- 1998 - Southern Connecticut State University Faculty Development Grant: "Research dialogue: A Qualitative perspective." (with Mary Brown, Joseph Inguanti, & Bonnie Cashin Farmer) \$1,500.
- 1998 - Connecticut State University Research Grant: "Ethnic Identity Among Diaspora Estonians." \$4,000.
- 1999 - Southern Connecticut State University Faculty Development Grant: "Community: An interdisciplinary perspective." (with Mary Brown, Joseph Inguanti, & Bonnie Cashin Farmer) \$1,500.
- 1999 - Southern Connecticut State University Faculty Development Grant: "Dr. Keith Hawkins, Psy.D., Director of the Neuropsychological Assessment Service, at the Department of Psychiatry at the Yale University School of Medicine to present research on cognitive deficits among persons diagnosed as having schizophrenia. ". \$400.
- 2000 - Connecticut State University Research Grant: "Dialectical Behavior Therapy (DBT) for Persons with Co-occurring Mental Illness and Substance Abuse." \$3,497.
- 2001 - Connecticut State University Research Grant: "A qualitative study of persons prodromal for psychosis." \$4,000.
- 2003 - Connecticut State University Research Grant: "Dialectical Behavior Therapy with Transitional Youth: A Quasi-experimental, multiple Single-Subject Design Study." \$4,407.

- 2004 - Connecticut State University Research Grant: "Mental maps, memories, and life stories: Preservation of Estonian Ethnic Identity." \$4,200.
- 2005 - Connecticut State University Research Grant: "Dialectical Behavior Therapy with Transitional Youth: A Quasi-experimental Design." \$5,000.
- 2005-06 - Southern Connecticut State University Faculty Development Grant: "Support for Aavo Rakfeldt Memorial Lecture". \$1,150 (with Professor Colon).
- 2005 - Connecticut State University Learning Assessment and Improvement Grant: (with Professors: Rofuth, Michlin, Haymes). "Develop Faculty Assessments in SWK572-73 Courses." \$3,000.
- 2006 - Connecticut State University Research Grant: "A Quasi-Experimental Comparison Group Design Study of an Intensive Outpatient Program." \$4,200.
- 2007 - Connecticut State University Research Grant: "A Supported Living Intervention in a Mixed-Housing Context: A Pilot Project" \$4,200
- 2008 - Faculty Development Grant: Attend statistical analysis training courses using SPSS in New York City - \$2,500.
- 2009 - Connecticut State University Research Grant: Co-Author book titled: "The Roots of Recovery: What we have learned from 300 Years of Efforts to Treat People with Mental Illness as People." \$4,400.
- 2010 - Connecticut State University Research Grant: "Citizenship Training, Peer-Support and Quality of Life for Persons with Prolonged Mental Health and/or Substance Abuse Issues: A Controlled Randomized Trial." \$4,625.
- 2014 - Connecticut State University Research Grant: "Radically-Open Dialectical Behavior Therapy for disorders of overcontrol." \$3,600.

**BIBLIOGRAPHY: Original Articles:**

**Rakfeldt, J.** (1978). "*Äärel Olemine: Kahe Kultuuri ja Ühiskonna Vahel.*" (Life at the Edge of Two Cultures and Societies) *Ajakiri* 4, 26-31.

**Rakfeldt, J.** (1984). "*Eesti Noored ja Sümbolne Suhtlemisteooria Marginaalsuses.*" (Young Estonians and Symbolic Interaction Theory Related to the Issue of Marginality) in *Metsaülikool 1967-1982*, (pp. 131-135). Toronto, Ontario: Published by Kotkajärve Metsaülikool and the Ontario Ministry of Citizenship and Culture.

Townsend, J. M. & **Rakfeldt, J.** (1985). Hospitalization and first-contact mental patients: Stigma and changes in self-concept. In J.R. Greenley (Ed) *Research in Community and Mental Health Vol. 5*, 269-301. JAI Press Inc.

**Rakfeldt, J.** & Strauss, J.S. (1989). The low turning point: A control mechanism in the course of mental disorder. *The Journal of Nervous and Mental Disease*, 177:1, 32-37.

Strauss, J.S., **Rakfeldt, J.**, Harding, C.M & Lieberman P. (1989). Psychological and Social Aspects of Negative Symptoms. *British Journal of Psychiatry*, 155(7), 128-132.

**Rakfeldt, J.** (1991). *Eksistentsiaal-Aktiivse Tegevuse Teooria* (Theory of Existential-Active Activity) *Akadeemia*, 3(4), 717-728.

**Rakfeldt, J.** (1993). *Põhja-Ameerika Eestlaste Identsusest* (Estonian-American Ethnic Identity Issues) *Akadeemia*, 5(1), 3-12.

Hawkins, K.A., Sledge, W.H., Orleans, J.F, Quinlan, D.M., **Rakfeldt J.** & Hoffman, R.E. (1993). Normative Implications of the Relationship Between Reading Vocabulary and Boston Naming Test Performance. *Archives of Clinical Neuropsychology*, 8, 525-537.

Steinberg, M., Cicchetti, D, Buchanan, J., **Rakfeldt, J.** & Rounsaville, B. (1994). Distinguishing Between Multiple Personality Disorder (Dissociative Identity Disorder) and Schizophrenia Using the Structured Clinical Interview for DSM-IV Dissociative Disorders (SCID-D) *The Journal of Nervous and Mental Disease*, 182(9), 495-502.

Hawkins, K.A., Sledge, W.H., Orleans, J.F., Quinlan, D.M., **Rakfeldt, J.** & Hoffman R. (1995). Can digit-symbol verbal fluency comparisons facilitate detection of pseudo-dementia? A Preliminary Study. *European Archives of Psychiatry and Clinical Neuroscience*, 244, 317-319.

Davidson, L, Hoge, M.A., Merrill, M.E., **Rakfeldt, J.** & Griffith, E.E.H. (1995). The experiences of long-stay inpatients returning to the community. *Psychiatry*, 58, 122-132.

Sledge, W.H., Astrachan, B., Thompson, K., **Rakfeldt J.** & Leaf, P. (1995). Case management in psychiatry: An analysis of tasks. *The American Journal of Psychiatry*, 152(9), 1259-1265.

**Rakfeldt, J.** (1995). Writing as people about patients as people: Sam Zeitstrum. *Yale Psychiatry*, 5(1), 16-17.

**Rakfeldt, J.**, Rybash, J.M. and Roodin, P.A. (1996). Affirmative Coping: A Marker of Success in Adult Therapeutic Intervention. In M.L. Commons, J. Demick, C. Goldberg (Eds.), *Clinical Approaches to Adult Development* (pp. 295-310). Norwood, NJ: Ablex.

Davidson, L, Hoge, M.A., Godleski, L., **Rakfeldt, J.** & Griffith, E.E.H. (1996). Hospital or community living? Examining consumer perspectives on deinstitutionalization. *Psychiatric Rehabilitation Journal*, 19(3), 49-58.

- Rakfeldt, J. & McGlashan, T.H.** (1996). Onset, course and outcome of schizophrenia. *Current Opinion in Psychiatry*, 9(1), 73-77.
- Docherty, N.M, Hawkins, K., Hoffman, R.E., Quinlan, D.M., **Rakfeldt, J.** & Sledge W. H. (1996). Working Memory, Attention, and Language in Schizophrenia. *Journal of Abnormal Psychology*, 105(2), 212-219.
- Davidson, L, Tebes, J.K., **Rakfeldt, J.**, & Sledge, W.H. (1996). Differences in social environment between inpatient and day hospital/crisis respite settings. *Psychiatric Services*, 47(7), 714-720.
- Sledge, W.H., Tebes, J.K., **Rakfeldt, J.**, Davidson, L, Druss, B. & Lyons, L. (1996). Crisis respite care vs. inpatient care: Part I. Clinical outcomes. *The American Journal of Psychiatry*, 153(8), 1065-1073.
- Rakfeldt, J.**, Sledge, W.H., Bailey, M.A. & Anderson, C. (1996). A Two-Tiered Approach to Case Management. *Continuum: Developments in Ambulatory Mental Health Care*, 3(1), 45-57.
- Rakfeldt, J.**, & Rakfeldt-Leetmaa, H. (1996). "Rahvusliku Identiteedi Säilitamine Okupeeritud Eestis." (The Preservation of Ethnic Identity in Occupied Estonia). *Akadeemia* 8(8), 1571-1590.
- Hawkins, K., Hoffman, R. E., Quinlan, D.M., **Rakfeldt, J.** & Docherty, N.M., Sledge W. H. (1997). Cognition, negative symptoms, and diagnosis: A comparison of schizophrenic, bipolar, and control samples. *Journal of Neuropsychiatry and Clinical Neurosciences*, 9(1), 81-89.
- Rakfeldt, J.**, Tebes, J.K., Steiner, J., Walker, P.L., Davidson, L., & Sledge, W.H. (1997). Normalizing acute care: A Day Hospital/Crisis Residence alternative to inpatient hospitalization. *The Journal of Nervous and Mental Disease*, 185(1), 46-52.
- Rakfeldt, J.** (1997). Hands' Work. *Connecticut Review*, 19(1), 43-45.
- Rakfeldt, J.** (1999). Flight from home. *Connecticut Review*, 21(1), 157-162.
- Fisk, D., **Rakfeldt, J.**, Heffernan, K & Rowe, M. (1999). Outreach workers' experiences in a homeless outreach project: Issues of boundaries, ethics, and staff safety. *Psychiatric Quarterly*, 70(3), 231-246.
- Davidson, L., Hablund, K.E., Stayner, D.S., **Rakfeldt, J.**, Chinman, M.J. & Tebes, J.K. (2001). "It was just realizing ... that life isn't one big horror": A Qualitative study of supported socialization *Psychiatric Rehabilitation Journal*, 24(3), 275-292.
- Rakfeldt, J. & McGlashan, T.H.** (2001). Identification of vulnerable individuals before a first schizophrenic psychotic episode. *Directions in Psychiatry*, 21, 335-342.

Miller, T.J., McGlashan, T.H., Rosen, J.L., **Rakfeldt, J.**, Nyman, S., Markovich, P. & Woods, S.W. (2002). Diagnosis and symptom assessment in the schizophrenia prodrome. *Schizophrenia Research* 53(3), 35-35.

Davidson, L., Shahar, G., Stayner, D.A., Chinman, M.J., **Rakfeldt, J.** & Tebes, J.K. (2004). Supported Socialization for People with Psychiatric Disabilities: Lessons from a Randomized Controlled Trial. *Journal of Community Psychology*. 32(4), 453-477.

**Rakfeldt, J.** (2005). Dialectical behavior therapy with transitional youth: Preliminary findings. *Best Practices in Mental Health: An International Journal*, 1(2), 61-76.

Fisk, D.A, **Rakfeldt, J.**, & McCormack, E. (2006). Assertive outreach: An effective strategy for engaging homeless persons with primary substance abuse disorders into treatment. *The American Journal of Drug and Alcohol Abuse*, 32(3) 479-486.

**Rakfeldt, J.** (2015). *Kodust lahkumine* (Flight from home). *Looming*, (5), 671-675.

**Rakfeldt, J.** (2015). Home Environments, Memories, and Life Stories: Preservation of Estonian National Identity. *Journal of Baltic Studies* 46(4), 511-542.

Bellamy, C. D., Kriegel, L., Barrenger, S., Klimczak, M., **Rakfeldt, J.**, Benson, V., Baker, M., Benedict, P., Williamson, B., MacIntyre, G. (2017). Development of the Citizens Measure into a Tool to Guide Clinical Practice and its Utility for Case Managers. *American Journal of Psychiatric Rehabilitation*, 20(3), 268-281.

**Rakfeldt, J.**, Rowe, M., & Sells, D. (under review, revise and resubmit). Citizenship Programs for Persons with Mental Health and/or Co-occurring Disorders: Mechanisms of Action and Clinical Implications. *American Journal of Psychiatric Rehabilitation*.

### **Books:**

Davidson, L., **Rakfeldt, J.**, & Strauss, J. (2010). "The Roots of the Recovery Movement in Psychiatry: Lessons Learned." Wiley-Blackwell: London, U.K.

### **Chapters:**

Davidson, L, Hoge, M.A., Merrill, M.E., **Rakfeldt, J.** & Griffith, E.E.H. (1995). *Die Erfahrungen von Langzeitpatienten bei der Rückkehr in ihre Gemeinde. Abschied von Babylon: Verständigung über Grenzen in der Psychiatrie*, 247-256.

Sledge, W.H., Tebes, J. & **Rakfeldt, J.** (1995). Acute Crisis Care. In M. Phelan, G. Strathdee, G. Thornicroft. (Eds.) *Emergency Mental Health Services in the Community*. (pp. 233-258) Cambridge University Press.

**Rakfeldt, J.** (2001). *Abelism: Mentally and emotionally challenged people*. In G. Appleby, E. Colon & J. Hamilton (Eds.) *Diversity, Oppression and Social Functioning: Person-In-Environment System (PIE) of Assessment and Intervention*. (pp. 217-238) Allyn and Bacon.

Sledge W. H., Hoffman, R. E., Hawkins, K., Docherty, N.M; Quinlan, D.M. & **Rakfeldt, J.** (2001). *Linguistic deviance in schizophrenia*. In J. K. France & S. Kramer (Eds.) *Communication and mental illness: Theoretical and practical approaches*. (pp. 371-392) Jessica Kingsley Publishers.

**Rakfeldt, J.** & McGlashan, T.H. (2004). The nature of the prodrome in schizophrenia. W.S. Stone, S.V. Faraone, M. Tsuang, (Editors) *Early Clinical Intervention and Prevention of Schizophrenia*. (pp. 75-91) Humana Press.

**Rakfeldt, J.** & Strauss, J.S. (2005). The low turning point: A control mechanism in the course of mental disorder. Reprinted in Davidson, L, Harding, C.M., & Spaniol, L. (Eds.). *Research on Recovery from Severe Mental Illness: 30 years of Accumulating Evidence and Its Implications for Practice*. (pp. 316-326) (Vol. 1), Center for Psychiatric Rehabilitation, Boston University.

Strauss, J.S., **Rakfeldt, J.**, Harding, C.M & Lieberman P. (2005). Psychological and Social Aspects of Negative Symptoms. Reprinted in Davidson, L, Harding, C.M., & Spaniol, L. (Eds.). *Research on Recovery from Severe Mental Illness: 30 years of Accumulating Evidence and Its Implications for Practice*. (pp. 293-301) (Vol. 1), Center for Psychiatric Rehabilitation, Boston University.

Davidson, L., Hablund, K.E., Stayner, D.S., **Rakfeldt, J.**, Chinman, M.J. & Tebes, J.K. (2005). "It was just realizing ... that life isn't one big horror": A Qualitative study of supported socialization. Reprinted in Davidson, L, Harding, C.M., & Spaniol, L. (Eds.). *Research on Recovery from Severe Mental Illness: 30 years of Accumulating Evidence and Its Implications for Practice*. (pp. 377-411) (Vol. 1), Center for Psychiatric Rehabilitation, Boston University.

**Rakfeldt, J.** (2007). *Abelism: Mentally and emotionally challenged people*. In G. Appleby, E. Colon & J. Hamilton (Eds.) *Diversity, Oppression and Social Functioning: Person-In-Environment System (PIE) of Assessment and Intervention (2<sup>nd</sup> Edition)*. (pp. 247-267) Allyn and Bacon.

**Rakfeldt, J.** (2010). *Abelism: Mentally and emotionally challenged people*. In G. Appleby, E. Colon & J. Hamilton (Eds.) *Diversity, Oppression and Social Functioning: Person-In-Environment System (PIE) of Assessment and Intervention (3<sup>rd</sup> Edition)*. (pp. 247-267) Allyn and Bacon.

**Rakfeldt, J.** (2012). "*Eesti Noorte Identiteet*." (Ethnic Identity among Younger Estonians) in *Metsaülikool 1983-2005*, (Tiina Kirss, Editor). (pp. 49-59) Published by Kotkajärve Metsaülikool, A.S. Uniprint, Tallinn: Estonia.

**Miscellaneous and Works in Progress:**

**Rakfeldt, J.** (1983). "Transformation of Social Identity" as a Function of Diversion From or Admission To a Psychiatric Hospital. (Ph.D. Dissertation) Ann Arbor, MI: University Microfilms International.

**Book Reviews:**

**Rakfeldt, J.** (2006). My father the spy: An investigative memoir. (Review of the Book *My father the spy: An investigative memoir*) Psychiatric Services, 57(5), 738.

**Rakfeldt, J.** (2006). The good life. (Review of the Book *The good life*) Psychiatric Services, 57(12), 1824-1825.

**Rakfeldt, J.** (2007). Inventing human rights: A history. (Review of the Book *Inventing human rights: A history*) Psychiatric Services, 59(2), 215.

**Rakfeldt, J.** (2008). Run: A Novel (Review of the Book *Run: A Novel*) Psychiatric Services, 59(12), 1482.

**Rakfeldt, J.** (2009). The Unraveling Thread (Review of the Book *The Unraveling Thread*) Psychiatric Services, 60(12).

**Rakfeldt, J.** (2010). German for travelers: A novel in 95 lessons (Review of the Book *German for travelers: A novel in 95 lessons*) Psychiatric Services, 61(12), 1270-1271.

**Rakfeldt, J.** (2011). Lanceheim: A Novel (Review of the Book *Lanceheim: A Novel*) Psychiatric Services, 62(12), ps.psychiatryonline.org.

**Rakfeldt, J.** (2012). King of the Badgers. (Review of the Book *King of the Badgers*) Psychiatric Services, 63(12), ps.psychiatryonline.org.

**PRESENTATIONS:**

April 9, 1985 - Hutchings Psychiatric Center (Syracuse, NY): "The Impact Upon Self-Concept of Hospitalization or Diversion for First-Contact Mental Patients." Clinical Director's Conference Lecture Series.

June 26, 1987 - Harvard University: "Postformal Styles of Thinking: Markers of Success in Adult Therapeutic Intervention." Third Beyond Formal Operations Symposium at Harvard: Positive Development During Adolescence and Adulthood.

August 15, 1987 - Chicago: "The Active Role of Patients in the Course of Their Disorder: Labeling and Metacognitive Processes." 37th Annual Meeting of The Society for the Study of Social Problems.

September 18, 1987 - University of London & Charing Cross Hospital: London, England. "Psychosocial aspects of Schizophrenic Symptoms." J.S. Strauss, J. Rakfeldt, C.M. Harding, and P. Lieberman. Symposium on Negative Symptoms in Schizophrenia.

May 16, 1988 - University of Toronto: "Linkages Between Data and Theory." Second International General Systems Theory Workshop.

July 3, 1990 - University of Tartu, Estonia: "*Eksistentsiaalse Aktiivne Tegevuse Teooria.*" visiting lecturer at the Departments of Psychology and Psychiatry.

June 25, 1991 - Clark University: Discussant for Symposium: "Psychological Theories of Schizophrenia." Fourth Conference: International Society for Theoretical Psychology.

August 10-17, 1991 - University of Toronto: "*Põhja-Ameerika Eestlaste Identsuse Küsimused.*" (North American Estonian Ethnic Identity Issues). Chair of Estonian Studies Seminar at the University of Toronto.

November 6, 1991 - Brockton/West Roxbury Veterans Administration Medical Center, Brockton MA: "Crisis Respite: An Alternative to Hospitalization." Psychology Department Lecture Series.

December 6, 1991 - Harvard University: "Symptoms as Strategies of Social Functioning In Schizophrenia." W.F. Flack, Jr., J. Rakfeldt, J.S. Strauss, C.M. Harding. Sixth Annual Meeting, Society for Research in Psychopathology.

July 6, 1992 - New York: "Social Marginality Among Second-Generation Estonian Americans." VI Estonian World Congress of Medical Sciences.

July 15, 1992 - Yale University: "What Makes for a Good Therapeutic Relationship Between Providers and Consumers of Mental Health Services." The Yale Psychiatric Institute Consumer Conference.

December 6, 1992 - New York, NY: "Tartu Ülikooli Taassünd Eesti Rahvusülikoolina." (The Rebirth of Tartu University as the Estonian National University). Keynote Speaker for The Estonian Learned Society Commemoration of the 360th Anniversary of the Founding of the University of Tartu in Estonia.

May 25, 1993 - San Francisco, CA: "Crisis Respite Care and Hospitalization: A Randomized Trial." W.H. Sledge, J. Kraemer-Tebes, J. Rakfeldt, M. Walker. American Psychiatric Association 146th Annual Meeting.

June 7, 1993 - Harrisburg, PA: "Model Program Presentation: Residential Crisis Program (Urban)." University of Pittsburgh Medical Center Western Psychiatric Center Office of Education and Regional Programming



October 9, 1993 - Baltimore, MD: "Respite Care as an Alternative to Psychiatric Hospitalization." W.H. Sledge, J. Rakfeldt, L. Davidson, J. Kraemer-Tebes. American Psychiatric Association, 45th Institute on Hospital and Community Psychiatry.

October 11, 1993 - Baltimore, MD: "Recently Discharged Long-Stay Patients' Experiences of Community Re-Entry." L. Davidson, M. Hoge, M.E. Merrill, J. Rakfeldt, E.E.H. Griffith. American Psychiatric Association, 45th Institute on Hospital and Community Psychiatry.

October 29, 1993 - Yale University: "Crisis Respite, An Alternative to Hospitalization: Research and Programmatic Features." New Directions in Community Mental Health (Sponsored by the Center for Mental Health Policy, Services, and Clinical Research of the Connecticut Mental Health Center and the Yale University Department of Psychiatry).

April 15, 1994 - Yale University: "Writing as People About Patients as People." The Department of Psychiatry Grand Rounds.

May 24, 1994 - Philadelphia, PA: "Working Memory, Attention, and Language in Schizophrenia." Docherty, N.M, Hawkins, K., Sledge W. H., Hoffman, R. E., Quinlan, D.M & Rakfeldt, J. American Psychiatric Association 147th Annual Meeting.

May 24, 1994 - Philadelphia, PA: "Cognition, Negative Symptoms, and Diagnosis: A Comparison of Schizophrenic, Bipolar, and Control Samples." Hawkins, K., Sledge W. H., Docherty, N.M., Hoffman, R. E., Quinlan, D.M & Rakfeldt, J. American Psychiatric Association 147th Annual Meeting.

June 11, 1994 - University of Illinois at Chicago: "The Preservation of Ethnic Identity in Occupied Estonia." 14th Conference on Baltic Studies.

August 13-19, 1994 - University of Toronto: "*Rahvusliku Identiteedi Säilitamine Okupeeritud Eestis.*" (The Preservation of Ethnic Identity in Occupied Estonia). Chair of Estonian Studies Seminar at the University of Toronto.

August 23, 1994 - University of Toronto, Tartu Institute Program at Tartu College: "*Rahvusliku Identiteedi Säilitamine Okupeeritud Eestis.*" (The Preservation of Ethnic Identity in Occupied Estonia).

October 2, 1994 - Miami, FL: "Communication disturbances and cognition in Schizophrenia." Docherty, N.M, Hawkins, K., Sledge W. H., Hoffman, R. E., Quinlan, D.M & Rakfeldt, J. Seventh Annual Meeting, Society for Research in Psychopathology.

November 11, 1994 - New York, NY: The Estonian Learned Society: "*Rahvusliku Identiteedi Säilitamine Okupeeritud Eestis.*" (The Preservation of Ethnic Identity in Occupied Estonia).

April 21, 1995 - Yale University: "Psychiatry as a Human Science." The Department of Psychiatry Grand Rounds.

May 12, 1995 - Yale University: Chaired Session titled: "Responding to the Diverse Needs of Children and Families." Innovations in Community-Based Mental Health Care (Sponsored by the Center for Mental Health Policy, Services, and Clinical Research of the Connecticut Mental Health Center and the Yale University Department of Psychiatry).

June 3, 1995 - Washington, D.C.: "Conducting Research in Eastern and Central Europe." The International Research & Exchanges Board Annual Grantee Conference.

June 16, 1995 - The University of Illinois at Chicago: "Supporting Peer Supporters: Providing Training, Supervision and Reasonable Accommodations for Mental Health Consumer Providers." Fifth Biennial Conference on Community Research and Action, The Society for Community Research and Action (SCRA): Division 27 of the American Psychological Association.

October 9, 1995 - Boston, MA: "Improving Triage Decisions at the Initial Visit." American Psychiatric Association, 47th Institute on Psychiatric Services.

February 16, 1996 - Yale University: "Psychiatry as a Human Science: Writing as People about Patients as People." The Department of Psychiatry Grand Rounds.

March 15, 1996 - Educational Center for the Arts, New Haven: "Hands' Work." Tides, Ides, & Odes: Dancing Outloud.

April 15, 1996 - Southern Connecticut State University: "Graduate School Options". (moderator of session and panelist) Twelfth Annual Connecticut State University Bachelor of Social Work Student Conference.

May 7, 1996 - New York, NY: "Working Memory, Attention, and Language in Schizophrenia." Docherty, N.M, Hawkins, K., Sledge W. H., Hoffman, R. E., Quinlan, D.M & Rakfeldt, J. American Psychiatric Association 148th Annual Meeting.

June 17, 1996- Detroit, MI: "Supported friendships: An avenue into community life for persons with serious psychiatric disabilities." Stayner, D., Davidson, L., & Rakfeldt, J. International Association of Rehabilitation Services Annual Meeting.

August 14, 1996 - Tallinn, Estonia: "*Rahvusliku Identiteedi Säilitamine Okupeeritud Eestis.*" (The Preservation of Ethnic Identity in Occupied Estonia.) Eesti Teadlaste Kongress (Estonian Scholars Congress).

August 26, 1996 - Tallinn, Estonia: "The preservation of national identity in occupied Estonia." Identity, Freedom, Values and Memory: 2nd International Baltic Psychology Conference.

October 18, 1996 - Southern Connecticut State University: "The New NASW Code of Ethics: Implications for Public Sector Social Work Practice and Managed Care." (Panelist). Social Work Practice: Moving Toward the Millennium, Issues and Challenges Facing Social Workers in the Public Sector.

October 20, 1996 - Chicago, Ill: "Case Management in Psychiatry: An Analysis of Tasks." American Psychiatric Association, 48th Institute on Psychiatric Services.

November 23, 1996 - Manchester, Connecticut: "*Rahvusliku Identiteedi Säilitamine Okupeeritud Eestis.*" (The Preservation of Ethnic Identity in Occupied Estonia.) The Estonian Society of Connecticut.

April 3, 1997 - New Haven, Connecticut: "Negotiating Boundaries and Social Integration." The Social Integration in Community Mental Health Seminar Series, Connecticut Mental Health Center/Yale University Department of Psychiatry.

April 11, 1997 - Meriden, CT: "The Changing Environment of Social Work Practice in Assertive Community Outreach Programs." NASW (National Association for Social Work) Connecticut Statewide Annual Conference.

April 18, 1997 - Yale University: "Writing as people about patients as people: Psychiatry as a Human Science." The Department of Psychiatry Grand Rounds.

April 26, 1997 - New York, NY: "Fraternitas Estica 90. Aastapäeva Aktuse Kõne." Keynote Speaker: The 90th anniversary of the founding of Fraternitas Estica, an Estonian academic fraternity.

October 26, 1997 - Washington, D.C.: "Case management and psychiatry" American Psychiatric Association, 49th Institute on Psychiatric Services.

November 10, 1997 - Southern Connecticut State University: Moderator for session titled: "Poetry: Language of Being." At conference titled: The Language of Thought: An Interdisciplinary Interrogation.

January 25, 1998 - Miami, FL: "A community-based crisis alternative to inpatient mental hospitalization." International Conference on Research for Social Work Practice.

June 3, 1998 - Toronto, Canada: "Finding the person in writing about patients: The reunion." American Psychiatric Association 151th Annual Meeting.

September 19, 1998 – Yale University: Served as facilitator/moderator/master of Ceremonies "Celebrating John S. Strauss' M.D., Contributions to Psychiatry," that brought together scholars and researchers from around the world who have worked with Dr. Strauss over the past forty years.

September 25, 1998 – Southern Connecticut State University: "Personal narrative and the preservation of national identity in occupied Estonia." Poster Presentation: Research Dialogue: A Qualitative Perspective.

October 5, 1998 – Los Angeles, CA: "Boundary issues in community treatment" American Psychiatric Association, 50th Institute on Psychiatric Services.

November 28, 1998 – Cincinnati, Ohio: "*Rahvusliku Identiteedi Säilitamine Okupeeritud Eestis.*" (The Preservation of Ethnic Identity in Occupied Estonia.) K.L.E.N.Ki Päevad.(The Mid-Western Estonian Academic Society's Annual Conference).

January 22, 1999 – Austin, TX: "Supported socialization for people with psychiatric disabilities." International Conference on Research for Social Work Practice.

January 22-24, 1999 – Austin, TX: "Students' perceptions of the impact of a practice-based master's thesis." Poster Presentation (with Todd Rofuth). International Conference on Research for Social Work Practice.

August 9, 1999 - University of Toronto: "*Väliseestlaste Identsusest.*" (Émigré Estonian Identity Issues). Chair of Estonian Studies Seminar at the University of Toronto.

October 8, 1999 – Southern Connecticut State University: "Community integration for persons with psychiatric disabilities." Community: An Interdisciplinary Perspective.

October 16, 1999 – Eastern Connecticut State University: Supported socialization for people with psychiatric disabilities." Connecticut State University Faculty Research Conference.

October 30, 1999 – New Orleans, LA: "Consumers as providers: Boundary issues" American Psychiatric Association, 51th Institute on Psychiatric Services.

November 1, 1999 – New Orleans, LA: "Employing persons with mental illness" (Discussant) American Psychiatric Association, 51th Institute on Psychiatric Services.s

April 7, 2000 - Farmington, CT: "From the couch to the park bench: Psychodynamic psychotherapy with homeless persons." NASW (National Association for Social Work) Connecticut Statewide Annual Conference.

October 26, 2000 – Philadelphia, PA: "From the couch to the park bench: Psychodynamic psychotherapy with homeless persons." American Psychiatric Association, 52nd Institute on Psychiatric Services.

Giannini, F. D., McMahon, **Rakfeldt**, J., T. J., & Suchman, N. E. (2001, June). Talking with poppa: Qualitative analysis of a focus group done with fathers enrolled in methadone maintenance treatment. Poster session presented at the annual meeting of the College on Problems of Drug Dependence, Scottsdale, AZ.

October 10, 2001 – Orlando, FL: "Multidisciplinary roles in assertive community treatment." American Psychiatric Association, 53rd Institute on Psychiatric Services.

November 16, 2001 – University of Toronto, Toronto, Ontario: Served as moderator and panelist. Memory and History: Life Stories from the Baltics.

October 3, 2002 – Normalization, Empowerment, and Self-Determination for persons with cognitive disabilities. Keynote address. Chapel Haven Annual Meeting, New Haven, CT.

June 21, 2003 -Yale University: "Writing as people about patients as people: Psychiatry as a Human Science." The Department of Psychiatry Grand Rounds.

November 21, 2003 – Toronto, Ontario: “Mental Maps, Memories, and Life Stories: Preservation of Estonian National Identity” American Association for the Advancement of Slavic Studies. (AAASS) 35th National Convention.

April 24, 2004 – Southern Connecticut State University: “Mental Maps, Memories, and Life Stories: Preservation of Estonian National Identity.” Connecticut State University Faculty Research Conference.

October 15, 2004 - Connecticut Mental Health Center: Conducted seminar for social work field-placement students titled: "Psychiatric History, Mental Status Examination."

October 22, 2004 - Connecticut Mental Health Center: Conducted 2 1/2 hour seminar for social work field-placement students titled: "Triage Tasks: Psychiatric History and Functional Assessment."

October 9, 2004 – Atlanta: GA: Fisk, D.A Frey, J., & **Rakfeldt, J.**, “Street work: Helping persons maintain their humanity. American Psychiatric Association, 56th Institute on Psychiatric Services.

January 15, 2005 – Miami, FL: “Barriers to treatment for homeless people with substance use disorders.” Fisk, D.A., McCormack, E., & **Rakfeldt, J.**, Society for Social Work Research Annual Conference.

March 4, 2005 - Yale University: “A Safe Womb” *Writing as people about patients as people: Psychiatry as a Human Science.* The Department of Psychiatry Grand Rounds.

April, 15, 2005 - Trumbull, CT: NASW/CT 20<sup>th</sup> Annual Conference: “ Motivational interviewing with adolescents and adults with co-occurring substance abuse and mental health issues.

June 1-2, 2005 – Albany: NY: “Dialectical behavior therapy with transitional youth: Preliminary findings” International Social Work Practice Research Symposium. University at Albany.

October 7, 2005 – San Diego, CA: “Dialectical behavior therapy with transitional youth” (Poster) American Psychiatric Association, 57th Institute on Psychiatric Services.

October 22, 2005 – Central Connecticut State University, New Britain, CT: “Dialectical behavior therapy with transitional youth.” Connecticut State University Faculty Research Conference.

January 14, 2006 – San Antonio, TX: “Dialectical behavior therapy with transitional youth” (Poster) Society for Social Work Research Annual Conference.

April, 27, 2006 - Waterbury, CT: NASW/CT 21<sup>th</sup> Annual Conference: “Dialectical behavior therapy with transitional youth.”

April 28, 2006 – Central Connecticut State University, New Britain, CT: “Assessment of graduate student learning in a two-semester practice/research social work course.” Connecticut State University Assessment Conference (with Professors: Rofuth, Michlin, Haymes).

October 7, 2006 – New York, NY: “Assertive outreach to homeless persons with substance use disorders: Does it matter?” Fisk, D.A, **Rakfeldt, J.**, & Dunhill, R. American Psychiatric Association, 58th Institute on Psychiatric Services.

October 14, 2006 - Western Connecticut State University, Danbury, CT: “A life skills-based intensive outpatient program and community reintegration.” Connecticut State University Faculty Research Conference.

January 13, 2007 – San Francisco, CA: “Assessing graduate student learning outcomes using multiple instruments in a field practice and research project course” Rofuth, T **Rakfeldt, J.**, Haymes, E., Worden, B., & Michlin, M., (Poster) Society for Social Work Research Annual Conference.

February 22, 2007 - San Antonio, TX: “Mental maps, memories, and life stories: Preservation of Estonian national identity.” Society for Cross-Cultural Research Annual Meeting.

April 20, 2007 - Yale University: “Life As a Gimp” *Writing as people about patients as people: Psychiatry as a Human Science.* The Department of Psychiatry Grand Rounds.

February 23, 2008 - New Orleans, LA: “Ethnic Identity Among North American Estonians.” Society for Cross-Cultural Research Annual Meeting

March 8, 2008 - Southern Connecticut State University, New Haven, CT: “Mental maps, memories, and life stories: Preservation of Estonian national identity.” Connecticut State University Faculty Research Conference

February 23, 2008 – New Orleans, LA: ““Ethnic identity among North-American Estonians.” Society for Cross-Cultural Research Annual Meeting.

March 8, 2008 – “Mental maps, memories, and life stories: Preservation of Estonian national identity.” Wake of Memory, 10<sup>th</sup> Annual Connecticut State University Faculty Interdisciplinary Research Conference.

March 29, 2008 - Eastern Connecticut State University, Willimantic, CT: “Ethnic identity among North-American Estonians.” Connecticut State University Faculty Research Conference.

April 25, 2008 – “A life skills-based intensive outpatient program and community reintegration.” Southern Connecticut State University Faculty Research Conference.

March 7, 2009 – Respondent: Corinne E. Blackmer (*English*), “From Whence Humanities: Reflections on Alphabetic Writing and Narrative Thought in Ancient Canaan,” *What's Past is Prologue': Whither the Humanities?* 11<sup>th</sup> Annual Connecticut State University Faculty Interdisciplinary Research Conference

April 4, 2009 - Southern Connecticut State University, New Haven, CT: “Citizenship Training, Peer-Support and Quality of Life for Persons with Prolonged Mental Health and/or Substance Abuse Issues: A Randomized Controlled Trial” Connecticut State University Faculty Research Conference.

May 15, 2009 - Yale University: “Being a Professor, or at least acting Like one.” *Writing as people about patients as people: Psychiatry as a Human Science.* The Department of Psychiatry Grand Rounds.

June 29, 2009 – Münster, Germany, “Põhja Ameerika Eestlaste Identsus” *Wandering Minds, Teaduslik Hommikupoolik, ESTO 2009* (Estonian World Festival).

November 12, 2009 – Boston, MA: “The Singing Revolution: Preservation of National Identity in Occupied Estonia.” American Association for the Advancement of Slavic Studies. (AAASS) 41<sup>st</sup> National Convention.

April 17, 2010 - Central Connecticut State University, New Britain, CT: “Citizenship Training, Peer-Support and Quality of Life for Persons with Prolonged Mental Health and/or Substance Abuse Issues” Connecticut State University Faculty Research Conference.

February 17, 2011 – Charleston, SC: “Citizenship Training for Persons with Co-occurring Disorders: A Randomized Trial.” Society for Cross-Cultural Research Annual Meeting.

April 8, 2011 - Yale University: “Brett” *Writing as people about patients as people: Psychiatry as a Human Science.* The Department of Psychiatry Grand Rounds.

February 24, 2012 – Las Vegas, NV: “The Singing Revolution: Song Festivals and National Identity in Occupied Estonia.” Society for Cross-Cultural Research Annual Meeting.

June 9, 2012 – Garden City, NY: “An Overview of Estonian, History, Culture, and Language.” Adelphi University.

September 29, 2012 – Tallinn, Estonia: “Promoting Men’s Health.” Panel Presentation. 9th European IUHPE Health Promotion Conference of the International Union for Health Promotion and Education (IUHPE).

September 29, 2012 – Tallinn, Estonia: “Cognitive and Dialectical Behavior Therapy as health promotion strategies.” 9th European IUHPE Health Promotion Conference of the International Union for Health Promotion and Education (IUHPE).

March 25, 2013 – Syracuse, NY: “Cognitive and Dialectical Behavior Therapy as health promotion strategies.” Upstate Medical University: Consortium for Culture and Medicine.

March 25, 2013 – Syracuse, NY: “Non-Medical Treatments for Mental Illnesses.” Syracuse University: Department of Anthropology.

March 28, 2014 - Yale University: “Scales for living” *Writing as people about patients as people: Psychiatry as a Human Science.* The Department of Psychiatry Grand Rounds.

August 12, 2014 – Huntsville, Ontario, Canada: “*Kognitiivne/Dialektiline Käitumisteraapia kui Tervise Edendamise Strateegia*” Kotkajärve Metsäülikool, Terve Vaim – Terve Rahvas.

January 26, 2015 - *Kognitiivne/Dialektiline käitumisteraapia kui tervise edendamise strateegia.* KLENK-IEP.

January 30, 2015 – “Cognitive and Dialectical Behavior Therapy as health promotion strategies.” KLENK-IEP.

February 7, 2017 – New Haven, CT: “Preservation of National Identity in Occupied Estonia.” *Yale University School of Medicine, Department of Psychiatry, Program for Recovery and Community Health.*

May 3, 2017 – New Haven, CT: “Community Inclusion: Citizenship Oriented Care in Behavior Health.” Panel Presentation. Yale University, School of Medicine, Department of Psychiatry, Program for Recovery and Community Health (PRCH). Courtland Wilson Library.

May 12, 2017 – Cromwell, CT: Integrating Screening Brief Intervention Referral to Treatment (SBIRT) in the Social Work Curriculum. Panel Presentation. *Social Workers Stand Up, NASW/CT 32<sup>nd</sup> Annual Statewide Conference.*

June 20, 2017 – New Haven, CT: “Citizenship: An Exploration” Panel presentation. *International Festival of Arts and Ideas.*

November 11, 2017 – Toronto, ON Canada: keynote speaker for a symposium titled: “Born in Canada,” organized by the Estonian Studies Center at the University of Toronto. The conference will address ethnic identity issues among second-generation Estonians, Latvians, Lithuanians, and Baltic Germans who were born in Canada, but who still may have strong connections to their parents’ homelands and heritages.



## **Conferences and Symposia Attended as well as other Miscellaneous Professional and Community Activity**

1989 to 2006 - Member of the Estonian World Council Inc., (EWC) as a delegate for Sweden ('89-'95) and Germany ('95-'06).

1992 to 1994 - Treasurer for the Estonian World Congress.

1992 to present - Member of the Estonian American National Council Inc., (EANC). Regional Director for New England.

1993 to present - International Research and Exchanges Board (IREX): reviewer for grant proposals from scholars coming to the United States from Eastern Europe.

1995 to present - International Research and Exchanges Board (IREX): Revised Estonian language proficiency test and serve as examiner for scholars from the United States applying for research travel grants to Estonia.

1994 to 1995 - Volunteer for the International Special Olympics. Served as delegation host leader for the Estonian Team during the World Games.

Presented: September 15, 1995 - SCSU Social Work Department Field Placement Orientation. "Research and Social Work Generalist Model Competencies."

Attended: September 29, 1995 - Yale School of Medicine: "New Treatments for Traumatic Stress Disorders." The Department of Psychiatry Grand Rounds.

September 1995 to June 1996 - Connecticut Mental Health Center: Conducting a research colloquium for social work and nursing staff with the goal of helping them turn clinical questions into research projects.

October 13, 1995 - Connecticut Mental Health Center: Conducted 2 1/2 hour seminar for social work field-placement students titled: "Triage Tasks: Psychiatric History, Mental Status Examination, and Functional Assessment."

Attended: October 27, 1995 - Yale School of Medicine: "Research Forum: Yale Advances in Community Psychiatry." The Department of Psychiatry Grand Rounds.

December 1, 1995 - University of Toronto: Appointed by the School of Graduate Studies to serve as an external examiner for a dissertation defense in clinical psychology.

Arranged for Dr. Ene Mägi, Professor and Head of the Special Education Department of the Pedagogical University, Tallinn, Estonia to be a visiting scholar at the SCSU Special Education Department for the Fall 1995 Semester.

May 13, 1996 - Wesleyan University: Appointed by the School of Graduate Studies to serve as the third reader for a masters in music thesis.

May 30, 1996 - Attended: Yale University: Conference dealing with humanizing treatment in a time of managed care. (Sponsored by the Center for Mental Health Policy, Services, and Clinical Research of the Connecticut Mental Health Center and the Yale University Department of Psychiatry).

September 1996 - May 1997 - Directed an Honors Thesis for a BSW student.

October 6, 1996 - Presented: Noank, CT: "Exploring Our Spirituality." Noank, CT. American Baptist Church Board of Deacons Retreat.

October 11, 1996 - Connecticut Mental Health Center: Conducted seminar for social work field-placement students titled: "Triage Tasks: Psychiatric History, and Mental Status Examination.

October 25, 1996 - Connecticut Mental Health Center: Conducted 2 1/2 hour seminar for social work field-placement students titled: "Triage Tasks: Psychiatric History and Functional Assessment."

November 18, 1996 - Organized a Faculty Development Seminar for the SCSU Social Work Department titled: "Supporting people with psychiatric disabilities to be full members of their communities," with Deborah Reidy, M.Ed.

January 21, 1997 - Family and Children's Agency, Norwalk, CT: Conducted seminar for social work field-placement students titled: "Triage Tasks: Psychiatric History, and Mental Status Examination.

September - December 1997 - Conducted Independent Study (3 credit hours) in Qualitative Research Methodology for doctoral student at the Yale School of Nursing.

September 1997 - May 1998 - Directed an Honors Thesis for a BSW student.

October 3, 1997 - Connecticut Mental Health Center: Conducted seminar for social work field-placement students titled: "Psychiatric History, Mental Status Examination."

October 4, 1997 - Attended: Yale University: Conference dealing with "The Hidden Disabilities of Schizophrenia: New Treatments for Cognitive and Negative Symptoms." Sponsored by the Yale Department of Psychiatry and the Connecticut Alliance for the Mentally Ill.

October 10, 1997 - Connecticut Mental Health Center: Conducted 2 1/2 hour seminar for social work field-placement students titled: "Triage Tasks: Psychiatric History and Functional Assessment."

March 5-8, 1998 - Orlando, FL: Attended the Council on Social Work Education 44th Annual Program Meeting.

September 1998 - May 1999 - Directed a Graduate Research Fellowship for an MSW student.

October 9, 1998 - Connecticut Mental Health Center: Conducted seminar for social work field-placement students titled: "Psychiatric History, Mental Status Examination."

October 16, 1998 - Connecticut Mental Health Center: Conducted 2 1/2 hour seminar for social work field-placement students titled: "Triage Tasks: Psychiatric History and Functional Assessment."

September 25, 1998 – Southern Connecticut State University: Served as Facilitator/Moderator for a conference keyed by Professor Kai Erikson, titled: Research Dialogue: A Qualitative Perspective.

October 24, 1998 - Southern Connecticut State University: DSM-IV Multiaxial Diagnoses. SCSU Department of Social Work Professional Education Workshops: Saturday Seminar Series.

September 1999 - May 2000 - Directed a Graduate Research Fellowship for an MSW student.

October 1, 1999 – Veterans Administration, Wallingford, CT: “Community integration for persons with psychiatric disabilities.” Social Work and Nursing Staff Inservice Training.

February 26-28, 1998 – New York, NY: Attended the Council on Social Work Education Annual Program Meeting (APM).

August 15, 2000 – Yale New Haven Hospital, New Haven, CT: “Psychiatric Assessment and Diagnosis.” Social Work Department Inservice Training.

October 6, 2000 - Connecticut Mental Health Center: Conducted seminar for social work field-placement students titled: "Psychiatric History, Mental Status Examination."

October 13, 2000 - Connecticut Mental Health Center: Conducted 2 1/2 hour seminar for social work field-placement students titled: "Triage Tasks: Psychiatric History and Functional Assessment."

September 2000 - May 2001 - Directed a Graduate Research Fellowship for an MSW student.

October 21, 2000 - Southern Connecticut State University: “ Cognitive Behavioral Approaches to Treatment”. SCSU Department of Social Work Continuing Education Program.

April 3, 2001 - Organized the Aavo Rakfeldt Memorial Lecture, John S. Strauss, M.D., Ph.D. “A Human Science of Psychiatry.” Southern Connecticut State University, New Haven, CT.

June, 2001 – Yale New Haven Hospital, New Haven, CT: “Cognitive Behavioral Approaches to Treatment” Social Work Department Inservice Training.

September 2001 - May 2002 - Directed a Graduate Research Fellowship for an MSW student.

September 2001- January 2002 – Sabbatical Leave: Yale University School of Medicine, Department of Psychiatry. “The Nature of the Prodrome in Schizophrenia.”

October 19, 2001 - Connecticut Mental Health Center: Conducted seminar for social work field-placement students titled: "Psychiatric History, Mental Status Examination.”

October 26, 2001 - Connecticut Mental Health Center: Conducted 2 1/2 hour seminar for social work field-placement students titled: "Triage Tasks: Psychiatric History and Functional Assessment."

March 27, 2002 - Connecticut Mental Health Center: Keynote speaker for annual social work recognition luncheon.

April 9, 2002 - Organized the Aavo Rakfeldt Memorial Lecture, Courtney Harding, Ph.D., Ph.D. “Remission versus Recovery.” Southern Connecticut State University, New Haven, CT.

June 2002 to November 2002 – Completed the Advanced, Intensive, Training Program in Dialectical Behavior Therapy.

September 27, 2002 - Connecticut Mental Health Center: Conducted seminar for social work field-placement students titled: "Psychiatric History, Mental Status Examination.”

October 4, 2002 - Connecticut Mental Health Center: Conducted 2 1/2 hour seminar for social work field-placement students titled: "Triage Tasks: Psychiatric History and Functional Assessment."

January 16 - 18, 2003 – Washington, DC: Attended the annual Conference of the Society for Social Work and Research.

January 24 - 25, 2003 – Cambridge, MA: Attended a conference at the Massachusetts Institute of Technology (MIT) title: “Memories of War”.

March 7 – 8, 2003 – Boston, MA: Attended the 26<sup>th</sup> Annual Addictions Services Conference sponsored by Harvard Medical School.

April 15, 2003 - Organized the Aavo Rakfeldt Memorial Lecture, William A. Anthony, Ph.D., Ph.D. “Evidence-based Practice, Psychiatric Rehabilitation, and Recovery.” Southern Connecticut State University, New Haven, CT.

September 26, 2003 - Connecticut Mental Health Center: Conducted seminar for social work field-placement students titled: "Psychiatric History, Mental Status Examination.”

October 3, 2003 - Connecticut Mental Health Center: Conducted 2 1/2 hour seminar for social work field-placement students titled: "Triage Tasks: Psychiatric History and Functional Assessment."

December 10, 2003 - Connecticut Mental Health Center: Conducted seminar for clinicians titled: "Psychiatric History, Mental Status Examination."

October 15, 2004 - Connecticut Mental Health Center: Conducted seminar for social work field-placement students titled: "Psychiatric History, Mental Status Examination."

October 22, 2004 - Connecticut Mental Health Center: Conducted 2 1/2 hour seminar for social work field-placement students titled: "Triage Tasks: Psychiatric History and Functional Assessment."

October 6-10, 2004 – Atlanta, GA: American Psychiatric Association, 56th Institute on Psychiatric Services.

October 6-10, 2004 –American Psychiatric Association, 56th Institute on Psychiatric Services.

January 12-16, 2005 – Society for Social Work Research Annual Conference. Miami, FL.

Throughout Academic Year - Yale University: The Department of Psychiatry Grand Rounds.

April, 15, 2005 - NASW/CT 20<sup>th</sup> Annual Conference. Trumbull, CT.

April 26, 2005 - Organized the Aavo Rakfeldt Memorial Lecture, Robert E. Drake, MD, Ph.D. "Evidence-based Mental Health Care." Southern Connecticut State University, New Haven, CT.

June 1-2, 2005 – International Social Work Practice Research Symposium. University at Albany, Albany: NY.

June 24-26, 2005 - EMDR (Eye Movement Desensitization Reprocessing) Level I Certificate Training

October 14-16, 2005 - EMDR (Eye Movement Desensitization Reprocessing) Level II Certificate Training

October 21, 2005 - Connecticut Mental Health Center: Conducted seminar for social work field-placement students titled: "Psychiatric History, Mental Status Examination."

October 28, 2005 - Connecticut Mental Health Center: Conducted seminar for social work field-placement students titled: "Triage Tasks: Psychiatric History and Functional Assessment."

March 24, 2006 - Merritt Hall of Connecticut Valley Hospital (CVH): Organized day-long program celebrating "Social Work Month," with the theme of the "Recovery Movement" in mental health and addiction services.

April 25, 2006 - Organized the Aavo Rakfeldt Memorial Lecture, Luis H. Zayas, Ph.D. "Understanding suicide attempts among adolescent Latinas in the US." Southern Connecticut State University, New Haven, CT.

January 26, 2007 - Connecticut Mental Health Center: Conducted seminar for social work field-placement students titled: "Psychiatric History, Mental Status Examination."

February 2, 2007 - Connecticut Mental Health Center: Conducted seminar for social work field-placement students titled: "Triage Tasks: Psychiatric History and Functional Assessment"

February 28, 2007 – Presented: "A Celebration of Teaching." Sponsored by the SCSU Faculty Development Office.

April 24, 2007 - Aavo Rakfeldt Memorial Lecture, Larry Davidson, Ph.D. "Recovery: The Revolution that Could Change Everything." Southern Connecticut State University, New Haven, CT.

August 6 -10, 2007 – Participated in the "SummerTech Week-long Workshop" at Southern Connecticut State University.

August 14 -15, 2007 – Participated in the "Teaching with Writing Workshop" at Southern Connecticut State University.

October 23-28, 2007 – San Francisco, CA: Attended the Council on Social Work Education 53rd Annual Program Meeting.

2008- Member, Honors Thesis Committee, Second Reader: "Like a Sculptor Knows the Clay": Personal Crises and Social Service Providers, Caroline Pierce.

February 6, 2008 – Presented: "A Celebration of Teaching." Outstanding Teachers at Southern Connecticut State University, Sponsored by the SCSU Faculty Development Office.

July to December, 2008 - Worked on a Department of Mental Health and Addiction Services (DMHAS) Transformation Grant Project helping persons who are in recovery write their stories, which they then presented to Graduate Students, Police Departments, and Superior Court personnel such as judges and prosecutors. Did data analysis, assessment and evaluation for a Mentoring Across Ages Program in Milford

September 2008 - January 2009 – Sabbatical Leave: Yale University School of Medicine, Department of Psychiatry, Program for Recovery and Community Health (Y-PRCH). "The Roots of the Recovery Movement in Psychiatry."

October 27, 2008 – Presented: "The Weekend Cohort Program focusing on Co-occurring Disorders." SCSU Graduate School, Graduate Programs Chairs and Coordinators Meeting.

November 25, 2008 – Presented: “Evidence-based best Practices in treating Co-occurring Disorders.” SCSU School Psychology Program.

April 16, 2008 – Organized the Aavo Rakfeldt Memorial Lecture, Professor Peeter Tulviste, Ph.D. “The Ambitions of the field of Cultural-Historical Psychology.” Southern Connecticut State University, New Haven, CT.

April 15, 2009 - Organized the Aavo Rakfeldt Memorial Lecture, Dr. Kenneth S. Thompson, M.D. “Can Mental Health Services Recover? Minding America's Mental Health.” Southern Connecticut State University, New Haven, CT.

April 21, 2010 - Organized the Aavo Rakfeldt Memorial Lecture, Nancy Boyd-Webb DSW, LICSW, RPT-S. “Vicarious Traumatization: Helping the Helpers Take Care of Themselves.” Southern Connecticut State University, New Haven, CT.

April 5, 2011 - Organized the Aavo Rakfeldt Memorial Lecture, Kiera Van Gelder, MFA “How to Live with and Recover from Borderline Personality Disorder.” Southern Connecticut State University, New Haven, CT.

April 14-15, 2011 – Yale University Department of Psychiatry, New Haven, CT: Attended conference – “Empirically Supported Therapies for Borderline Personality Disorder: Common and Distinguishing Aspects of Dialectical Behavior Therapy (DBT) and Mentalization Based Therapy (MBT).”

July 5-9, 2010 – Attended seminar: “Zen and Psychotherapy,” Presented by Joseph Bobrow, Ph.D.; Cape Cod Institute, Eastham, MA.

October 14-17, 2010 - Portland, OR: Attended the Council on Social Work Education 56th Annual Program Meeting.

August 1-5, 2011 – Attended seminar: “Updates in Emotion Regulation and Crisis Survival Skills: Integrating DBT Skills into Clinical Practice,” Presented by Marsha Linehan, Ph.D.; New England Educational Institute, Eastham, MA.

April 10, 2012 - Organized the Aavo Rakfeldt Memorial Lecture, Alex Gitterman, director of the doctoral program at the UConn School of Social Work, "The Construction of the Life Model for Social Work Practice." Southern Connecticut State University, New Haven, CT.

April 2, 2013 - Organized the Aavo Rakfeldt Memorial Lecture, Steven M. Southwick M.D. Glenn H. Greenberg Professor of Psychiatry, PTSD and Resilience at the Yale University School of Medicine and at the Yale Child Study Center, Adjunct Professor at the Mt. Sinai School of Medicine and Medical Director of the Clinical Neuroscience Division of the National Center for PTSD. "Mastering Life's Greatest Challenges: How Science Informs Resilience." Southern Connecticut State University, New Haven, CT.

May 10, 2013 – Yale University Department of Psychiatry, New Haven, CT: Attended conference – “Borderline Personality Disorder & Managing Related Cognitive Challenges: Dissociation, Psychosis, and Intellectual Impairment.”

November 21-24, 2013 – Nashville, TN: Association for Behavioral and Cognitive Therapies (ABCT) 47th Annual Convention: “Cognitive and Behavioral Therapies: Harnessing Synergy Among Multidisciplinary Sciences.”

January 17, 2013 to January 2, 2017 - State of Connecticut, Justice of the Peace, in the Town of Bethany, CT.

March 10-14, 2014 – Attended seminar: “Radically-Open Dialectical Behavior Therapy for disorders of overcontrol, Part I.” Presented by Thomas R. Lynch, Ph.D.; Exeter, U.K.

April 1, 2014 - Organized the Aavo Rakfeldt Memorial Lecture, Charles Atkins, M.D., who is a board-certified psychiatrist, published author, clinical trainer, and the Medical Director of Community Mental Health Affiliates (CMHA). "The Co-Occurring Matrix: Moving Forward with Integrated Assessment and Treatment." Southern Connecticut State University, New Haven, CT.

May 9, 2014 – Yale University Department of Psychiatry, New Haven, CT: Attended conference – “Advances in treatment and support for Borderline Personality Disorder: A decade of developments.”

October 6-10, 2014 – Attended seminar: “Radically-Open Dialectical Behavior Therapy for disorders of overcontrol, Part II.” Presented by Thomas R. Lynch, Ph.D.; Exeter, U.K.

November 3, 2014 – Institute of International Education, Council for International Exchange Scholars (CIES) – J. William Fulbright Foreign Scholarship Board (FFSB) - Fulbright Specialist Program Award: Listed on specialist roster.

November 19-23, 2014 – Philadelphia, PA: Association for Behavioral and Cognitive Therapies (ABCT) 48th Annual Convention: “Enhancing CBT by Drawing Strength from Multiple Disciplines.”

April 28, 2015 - Organized the Aavo Rakfeldt Memorial Lecture, Jaak Panksepp, Ph.D, the Glenn H. Professor of Neuroscience and the Baily Endowed Chair of Animal Well-Being Department of Integrative Physiology & Neuroscience, College of Veterinary Medicine, Washington State University. "The Evolved Primal Emotional Feelings of Animal Brains and Human Minds: Clinical and Therapeutic Applications Mastering Life's Greatest Challenges: How Science Informs Resilience." Southern Connecticut State University, New Haven, CT.

May 1, 2015 – 11th Annual Yale NEA-BPD Conference: Yale University Department of Psychiatry, New Haven, CT: Attended conference – “Meeting the Needs of Children and Adolescents with Borderline Personality Disorder Features.



April 26, 2016 - Organized the Aavo Rakfeldt Memorial Lecture. Speaker Elizabeth King Keenan, PhD, LCSW is a Professor of Social Work at Southern Connecticut State University, and presented a talk entitled, "Act Locally, Change the World: Clinical Practice and Social Justice." Southern Connecticut State University, New Haven, CT.

January 2017 - May 2017 – Sabbatical Leave: Yale University School of Medicine, Department of Psychiatry, Program for Recovery and Community Health (Y-PRCH). "The Recovery to Citizenship Initiative."

April 18, 2017 - Organized the Aavo Rakfeldt Memorial Lecture. Speaker Charles Barber is a Lecturer in Psychiatry at The Yale School of Medicine, and a Visiting Writer at Wesleyan University "The Wounded Healer." Southern Connecticut State University, New Haven, CT.

May 5, 2017 – 13th Annual Yale NEA-BPD Conference: Yale University Department of Psychiatry, New Haven, CT: Attended conference – "Prevention and Early Intervention for Borderline Personality Disorder: A GAP Initiative."

May 16-18, 2017 – New Haven, CT: International Recovery and Citizenship Council symposium (IRCC). "Recovering Citizenship: Moving Toward Innovation in Addiction and Forensic Care." Yale University, School of Medicine, Department of Psychiatry, Program for Recovery and Community Health (PRCH).