

Southern Senior Wins National Writing Award

Graduating senior Melissa Regan won the Deloss Brubaker Student Writing Contest for her entry, Ulnar Compaction Syndrome in a Female Collegiate Cheerleader. The national award was presented during the Student Awards Breakfast at the National Athletic Trainers' Association Annual Symposium. This national symposium was held last June in Philadelphia, PA.

Miss Regan had previously submitted the same case study to the Eastern Athletic Trainers Association. It was selected by their review committee and was presented as part of that organization's annual symposium held in Boston, Massachusetts.

Melissa graduated from Southern Magna Cum Laude with an overall grade point average of 3.75. The Hamden native and former varsity diver is currently awaiting her BOC Examination results and is currently working at a private sportsmedicine clinic. Her future plans include applying for Physician Assistant programs.

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Southern Athletic Training Students Recognized for EATA Attendance

Southern Athletic Training Students demonstrated their commitment to professional development in grand style at the Eastern Athletic Trainers Association Symposium last January. More than 25 Southern athletic training students, from sophomores to seniors attended this annual event which was held in Boston during the January intersession. This number of students was greater than all of the other region's accredited athletic training programs, including those in the Boston area. The students, pictured below, received a plaque from the EATA for their attendance.



Southern students at the EATA Symposium

The Southern Sports Medicine Club sponsored the trip to this annual event. The club raises money to reduce student costs, with additional funds being provided by the SCSU Student Activities office. The club is currently advised by Corey Hannah and has successfully sponsored trips to the EATA's for over a decade. This year's EATA conference will be held in Philadelphia, Joining the students were Southern faculty members Charlie Davis, Matt Rothbard and Corey Hannah.

William McCarthy, Southern's First Head Athletic Trainer Passes

William McCarthy, Southern's first head athletic trainer, passed away recently after a long struggle with cancer. Bill retired in 1990, after a 30 plus year career at Southern. A former SCSU football player who played on Southern's 1956 undefeated football team, he was an avid golfer and an army veteran. After departing Southern, he moved to Florida.

Despite the distance, Bill often visited Southern with an annual stop to the athletic training facility. He was a strong force in the creation of the athletic training alumni scholarship which bears his name. His generosity funded the scholarship to endowed status, making it a permanent legacy to his memory.

Bill was remembered recently at a service held at the Yale Country Club, where he was an avid member. He is survived by a wife and daughter.

If anyone is interested in donating to his scholarship, please contact the SCSU Foundation or SCSU Athletic Training Program Director, Gary Morin at 203-392-6089.

Lauren Zarella is a CATA Scholar

This year senior, Lauren Zarella was the recipient of the Kathy Horne Undergraduate Scholarship. The scholarship is sponsored by the Connecticut Athletic Trainers Association and was awarded last May in New Britain.

Lauren completed her junior year with over a 3.4 GPA, while completing her clinical rotations and participating as a three year starter on the varsity field hockey team.

In addition to her on campus activities, Lauren was a volunteer with the CATA, serving as a student hostess for the CATA annual symposium. She also served at the CATA fundraiser held at Rock Cat Stadium in New Britain. This year, Lauren was selected as our representative for the iLEAD program. ILEAD is a biannual student leadership conference sponsored by the National Athletic Trainers Association with student assistance provided by the CATA.

Southern Graduating Class News

Southern's 20th class of athletic training majors graduated this past May. Nine seniors completed their degree requirements and have left the (Owl) nest to begin their professional careers.

Bethany Ames decided to leave home in the furthest way possible, she is now the assistant athletic trainer at Grapevine (TX) High School

Kelly Corso Ardito completed a busy senior year including being married. She is serving as an athletic trainer at local STAR Physical Therapy

Lynore Collazo is currently managing a business with her boyfriend

Ashley Knight was highlighted by the Brockton (MA) Enterprise. This Rockland, MA native is currently still looking for a position

Evan Davis, son of Southern ATEP faculty member Charles Davis, assumed a graduate assistantship position at Central Connecticut State University

John Gary went off to Maryland after being named a graduate assistant athletic trainer at St Mary's

Heather Procopio passed her examination and is going to graduate school at William Patterson in New Jersey

Katie Kelleher is busy substitute teaching while awaiting to take the BOC examination; She spent her summer traveling the US as a medical person for cheerleading camps

Melissa Regan –see article on first page

Robin Underwood accepted a clinical / high school position in New Milford, CT. She also volunteered at the national championship gymnastics event held at Hartford, CT

Shalonda Vincent was named as a graduate assistant at the University of New Haven

FACULTY NEWS

Gary Morin – Presented “Proximal and Distal Tibiofibular Laxity in a Competitive Cheerleader” at the NATA Annual Symposium in Philadelphia...Was elected to the Board of Directors for the Connecticut Athletic Trainers Association

Charles Davis – Charlie continued his international travels with youth soccer, this time to South Africa, home of this past year’s World Cup...Developed and presented emergency protocol techniques to EMT’s in CT

Matt Rothbard – Presented at last year’s SEATA Conference... In the process of completing preliminary work on his dissertation, he is expecting to collect data this spring...Was co-author for all of the student case studies

Corey Hannah –Corey has steadily continued his progress on his doctoral studies, he is attending the University of Hartford where he is earning a degree in Educational Leadership

OTHER NEWS

FUTURE ACADEMIC CHANGES IN THE MAKING

With the new educational competencies on the way, the ATEP is already making plans. Current proposed changes include the elimination of courses from the program including EXS 184 and EXS 485 Tests and Measurements. Fitness Management will become a recommended course. Replacing them with be a one-credit foundations course to be taken in the student’s freshman fall, a course in orthopedic appliances and a course in clinical kinesiology. Also Exercise and Nutrition will be added and enhance education in that area. All of these changes are proposed and still need approval from the various curriculum committees, but it is hoped to have them on the books for next fall’s incoming class.

This fall new clinical courses for the sophomore year were added. This will remove the clinical component from EXS 288 and 289 and allow a better control of the student clinical experience. To make room for these courses, Pathophysiology and Pharmacology were combined into a single course. Also Therapeutic modalities is being moved back to the sophomore year which will allow students earlier practice in the clinical setting. Emergency principles is tentatively set to become a junior fall course which will align it with general medicine and after the completion of the assessment courses.

SCSU Athletic Training Students Present at Regional Symposiums

Southern athletic training seniors were conspicuous by more than their presence at the Eastern Athletic Trainers Association and the Connecticut Athletic Trainers Association symposiums. Case studies by six Southern seniors were selected for presentation at the EATA event last January. Seniors Bethany Ames, Evan Davis, Katie Kelleher Melissa Regan, Robin Underwood, and Shalonda Vincent were able to present their work to the EATA audience.

Their work was well regarded. Bethany Ames’s effort on cancer in a collegiate baseball player was made part of the regular oral presentations. Her work was the only undergraduate submission from District 1 and 2 to be chosen for this honor.



Southern senior Beth Ames presents her case study to the EATA in Boston

Five other SCSU students presented their work as poster presentation. Melissa Regan later submitted her work to the National Athletic Trainers Association, where it was selected for national recognition (see related article). Submission titles are available online at www.southernct.edu/athletic_training/annualnewsletter/andnews/

Additional submissions were made in the spring to the Connecticut Athletic Trainers Association. Several were selected, with Bethany Ames earning top honors. She was selected as the top undergraduate submission which earned her a \$100 prize.

All of the submissions were part of course requirements for EXS 402 or 403, under the tutelage of Assistant Professor Matt Rothbard.

ALUMNI ON THE MOVE...

Matt Devens was named as an athletic trainer at SUNY Brooklyn, previously he was at Hunter College... Amanda Frescoln returned to Connecticut to assume the club sport athletic trainer position at Sacred Heart University... Lou Scala left Notre Dame HS and moved across the street-literally, being named football athletic trainer at archrival University of New Haven... Former graduate assistant Jeff Shanley took a position at Lawrence Memorial Hospital joining Southern undergrad Aubrey Kurtzman... Janet Simon is off to Indiana University to pursue a doctorate AND a masters degree... Hannah Berg was named as an assistant athletic trainer at Fort Lewis College(CO)... Elizabeth Hutchinson was named to the staff of the University of Hartford... Jessica Adams Miller left the Southern staff, taking a position with Eastern Rehabilitation Network... Melissa Trojanowski and Ashley Brunn Dizney are pursuing an additional degree in nursing



Alumni Celebration in Philadelphia

A night of fun and celebration was had in Philadelphia on the first night of the NATA Conference. Courtesy of the SCSU Alumni Association, nearly 30 alumni, faculty and friends gathered at Moriarty's Pub to share stories, compare jobs and pictures. A buffet dinner of pasta and roast beef was served as SCSU took over the entire upper floor of the Irish Pub. The festivities lasted well into the night. Highlights included seeing the children of Emily Davie and Tim Keller who maintained their composure throughout the night while the adults played on.

Michelle Johnston of the alumni association was in attendance. She brought several items from the university which were distributed to all who were present. Earlier in the day, she took the opportunity to talk to various alumni as well.

All in all, it was a great night for everyone.

Alumni Congratulations!!!!

Janet Simon graduated with a masters degree from Ohio University, she was also awarded a doctoral

