



**SOUTHERN CONNECTICUT STATE UNIVERSITY**  
 PLANNED PROGRAM OF GRADUATE STUDY

**MASTER OF SCIENCE  
 EXERCISE SCIENCE**

*Physiology of Exercise*

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 \_\_\_\_\_  
 Home Phone: \_\_\_\_\_  
 Work Phone: \_\_\_\_\_  
 SS Number: \_\_\_\_\_

PREREQUISITES (6-9 credits)	Credits	CORE COURSES (18 - 21 credits)	Credits
EXS 281-282 Anatomy and Physiology I & II	(6)		
EXS 383 Kinesiology	(3)	EXS 552 Biomechanics	(3)
EXS 384 Physiology of Exercise	(3)	EXS 558 Physiology of Exercise	(3)
		EXS 565 Physiological Bases of Strength & Conditioning	(3)
		EXS 571 Methods & Procedures of Physical Fitness Testing	(3)
		EXS 572 Adaptations to Endurance Training	(3)
RESEARCH COMPONENT (6-9 credits)		EXS 583 Physiology of Exercise II	(3)
EXS 554 Research Techniques	(3)	EXS 585 Bionutrition of Exercise and Sport	(3)
EXS 590 Thesis Seminar	(3)		
EXS 591 Thesis Completion	(3)	ELECTIVES (0-3 credits)	
EXS 600 Independent Study	(3)	EXS 570 Human Fitness, Exercise and Aging	(3)
		EXS 573 Sports Medicine	(3)
		EXS 574 Adult Fitness & Cardiac Rehabilitation	(3)
		TOTAL CREDITS IN PROGRAM	30
		<input type="checkbox"/> THESIS	<input type="checkbox"/> COMPREHENSIVE EXAM

Student: \_\_\_\_\_ Date: \_\_\_\_\_

Advisor: \_\_\_\_\_ Date: \_\_\_\_\_

Associate Dean or  
 Dean of Graduate Studies: \_\_\_\_\_ Date: \_\_\_\_\_