

# 3<sup>rd</sup> ANNUAL WORK-LIFE BALANCE CONFERENCE

Sponsored by the SCSU Public Health Department & Women's Center  
September 19, 2008, 9:00 am – 2:00 pm ~ Registration 8:15 am



The **Third Annual Work-Life Balance Conference** to be held at Southern Connecticut State University will feature **Dr. Kyle Pruett**, a noted child psychiatrist and author, and **Dr. Marsha Kline Pruett**, a clinical psychologist, in a keynote address on the importance of work-life balance. The couple will share their personal experiences with both having demanding careers and raising children.

In addition to the Pruetts' address, the conference will include a panel discussion on the various strategies used to achieve balance between work and home life. Panelists will include men and women with personal and professional experience in eldercare, working from home, tele-commuting and balancing work, education and family.

*Balancing a job and a personal life can be tough for anyone. Both men and women – whether they are married or unmarried, parents or not, caring for aging parents or beloved pets – can struggle with the often competing demands of work.*

## REGISTER EARLY AND SAVE

Register prior to August 15<sup>th</sup> and save \$5 per registration fee.

Name	<b>Registration &amp; Fees:</b> <input type="checkbox"/> General \$35 Each <input type="checkbox"/> Group (10 or more) \$30 Each  <i>Please contact Lisa Seely or Jordan Jones (see below) for student discount rate.</i>  <b>Payment Type (Required with Registration)</b> <input type="checkbox"/> Check or Money Order (Payable to: SCSU) <input type="checkbox"/> Credit Card: Discover, MasterCard, Visa
Position	
Company	
Address	
Telephone	
Email	

### Credit Card Payment (Discover, MasterCard and Visa accepted)

Cardholder Name \_\_\_\_\_ Payment Amount \$ \_\_\_\_\_  
 Credit Card Number \_\_\_\_\_ Expiration Date \_\_\_\_\_  
 CVV Number \_\_\_\_\_ Cardholder Signature \_\_\_\_\_

**Register by Mail:** SCSU Wellness Center Attention Lisa Seely, Michael J. Adanti Student Center, Room 227, 501 Crescent Street, New Haven, CT 06515. Please contact **Lisa Seely** at 203-392-6526 or [seelyl1@Southernct.edu](mailto:seelyl1@Southernct.edu) or **Jordan Jones** at 203-392-7081 or [jonesj6@SouthernCT.edu](mailto:jonesj6@SouthernCT.edu) with any questions.