

## Supervisor Information for Employee Lactation Room Use

Southern Connecticut State University Office of Human Resources provides support to University employees who wish to express breast milk during the workday. There is currently a lactation room located in the Women's Lounge in Connecticut Hall, 1<sup>st</sup> Floor. Any employee is eligible to use the room, however, all users must register with the Office of Human Resources. Registration is essential for proper maintenance and record keeping. Please contact **Francesca Poole** at X25059 or email [poolef1@southernct.edu](mailto:poolef1@southernct.edu) for additional information.

There are no SCSU policies which specifically address the rights of breast feeding women or usage of the lactation rooms. Supervisors are encouraged to work within University policies and union contracts regarding breaks and hours of work to accommodate university employees who wish to use the facilities. The employee and her supervisor should agree on the timing of these breaks.

**The American Academy of Pediatrics recommends that babies receive their mothers' milk for at least the first six months of life, preferably for the first year.** Supervisors and co-workers are asked to respect and be sensitive to the importance of an employee's efforts to do what is best for her baby.

### Connecticut Legislation regarding breastfeeding in public spaces:

**Conn. Public Act 01 – 182 (2001)** requires employers to provide reasonable time each day to an employee who needs to express breast milk for her infant child and to provide accommodations where an employee can express her milk in privacy. [HF 5656]

**Conn. Gen. Stat 46a – 64 (1997)** prohibits places of public accommodation, resorts or amusements from restricting or limiting the right of a mother to breastfeed her child. [P.A. 97-210]

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