

# JOIN THE FIGHT AGAINST BREAST CANCER

# **CARDIO KICKBOX CLASS**



**FITNESS  
SCSU  
CENTER**

**WEDNESDAY OCTOBER 21, 2009**

7:30pm-8:30pm

\$10 donation class & t-shirt

\$5 donation= class only

*(Cash donations only)*

Space is limited!

All proceeds will go to  
*Sister's Journey*

[www.southernct.edu/fitnesscenter](http://www.southernct.edu/fitnesscenter)  
for more details

Current students/faculty/staff only over 18 years of age. Must sign waiver before participating.