

PATRICIA W. DE BARBIERI

School of Education

Department of Counseling and School Psychology

PUBLICATIONS:

De Barbieri, P.W. & Kendall, B. (Summer, 2007). Bridging the Communication Gap Between Therapists and School Personnel Working with Students Recovering from an Eating Disorder. Perspectives: Professional Journal of The Renfrew Foundation. pp. 1-4.
<http://renfrew.org/documents/155802007SUMMERPERSPECTIVES.pdf>

De Barbieri, P.W. (October, 2007). Learning to Recover from Bulimia: Voices of Transformation. in Transformative Learning – Issues of Difference and Diversity, NM: University of New Mexico Press.

De Barbieri, P.W. (October, 2005). The Role of Learning in Recovery from Bulimia. Ann Arbor, Michigan: UMI Dissertation Services.

Manke, N., Mathany, K., & De Barbieri, P.W. (October, 2004). The North Star Facilitators Manual, New Haven, CT: Advocate Press.

De Barbieri, P.W. (Spring 2001). Voices of Transformation and Recovery. Dialog: Journal of the Connecticut Counseling Association. pp. 15 –28.

De Barbieri, P.W. (October 2000). Voices of Transformation and Recovery, in Transformative Learning in Action, NY: Columbia University Press. pp.162-172.

De Barbieri, P.W. (February 2000). Declaration of Independence from a Weight Obsessed World, Options. CT: SCSU Dept. of Public Health. 3(1). pp.1-2.

De Barbieri, P.W. (1996). Losing Weight Is One Thing - Losing Perspective Is Another. Connection, 3(2).

De Barbieri, P.W. (Fall/1995). Eating Disorders: The communicable disease of the 90's. CCUCA Newsletter.

De Barbieri, P.W. (1994). (Health Consultant). Beyond The Looking Glass: Body image and self esteem – A Teachers Resource Guide. N.Y.: Hourglass Productions.

De Barbieri, P.W. (1994). Speaking Out For A Healthy Self Image. Southern Dialogue,7(4).

De Barbieri, P.W. (1993). Why Weight? Connection, 1(1).

MEDIA PUBLICATIONS:

De Barbieri, P.W., & Mickley, D. (in press) Video. Eating Disorders in the School Age Population: Etiology to intervention North Haven, CT: Absolute Video.

De Barbieri, P.W. (1998). (Executive Producer). Video. The North Star Program. CT: SCSU Department of Corporate Communications. [Promotional video about self-enhancement program for school age girls].

De Barbieri, P.W. (1996). (Executive Producer). Video. Love Somebody...You. CT: SCSU Department of Corporate Communications. [Educational video about eating disorder resources on SCSU campus].

De Barbieri, P.W. (1994). (Educational & Content Consultant). Video. Beyond The Looking Glass: Body image and self esteem. N.Y.: Hourglass Productions.
<http://hourglasstv.com/bodyimage/index.html>

De Barbieri, P.W. (1994). (Educational & Content Consultant). Video. When Food Is An Obsession: Overcoming eating disorders. N.Y.: Hourglass Productions.
<http://hourglasstv.com/eating/index.html>

ORAL PAPERS / PRESENTATIONS / POSTERS:

De Barbieri, P.W. (July 17, 2008). Invited. Poster. *Recovery from Bulimia: Embracing Relationships and Relapse in Treatment Across the Life Span*. American Mental Health Counselors Association (AMHCA) 2008 Conference. San Diego, CA..

De Barbieri, P.W. (March 29, 2008). *Recovery from Bulimia: Rethinking Relapse and Treatment Strategies Across the Life Span..* 11th Annual Faculty Research Conference. Eastern Connecticut State University, Willimantic: CT.

De Barbieri, P.W. (Nov. 11, 2007). *Recovery from Bulimia: Rethinking Relapse and Treatment Strategies*. 17th Annual Renfrew Center Foundation Conference for Professionals on Feminist Perspectives and Beyond: Exploring Eating Disorders Recovery. Philadelphia: PA.
<http://www.csctapes.com/tapes/renfrew07c.htm>

De Barbieri, P.W. (October 23 -26, 2007). *Learning to Recover from Bulimia: Voices of Transformation*. 7th International Transformative Learning Conference Issues of Difference and Diversity. Albuquerque, New Mexico.

De Barbieri, P.W. & Fancher, E. Invited. (July 23-25, 2007). *North Star: A resiliency building program for School Age Girls*. Schools of the 21st Century National Conference on School Based, School Linked Family Support and Child Care Programs, Peabody Hotel and Conference Center, Little Rock, Arkansas.

De Barbieri, P.W. (April 19, 2007). *Recovery from Bulimia: Transformation of Thinking and Behavior*. Connecticut Counseling Association Annual Conference. Rocky Hill: CT.

De Barbieri, P.W. & Martin, M. (Nov. 3, 2006). *Consultation: The skills you can't live without*. Connecticut School Counselor Association Annual Conference. Hartford, CT.

De Barbieri, P.W. (Nov.9 –12, 2006). Poster. *Learning to Recover from Bulimia: Women, experience and change*. The 16th Annual Renfrew Center Foundation Conference for Professionals. Philadelphia: PA.

De Barbieri, P.W. (Oct. 2005). *Suicide Assessment and Intervention in the School Age Population*. Connecticut School Counselor Association Annual Conference. Hartford, CT.

De Barbieri, P.W. (Nov. 6, 2004). *The Role of Learning in Recovery from Bulimia: On the threshold of transformation and recovery*. 7th Annual Interdisciplinary University-wide Research Conference for Faculty at Southern Connecticut State University. New Haven, CT.

Manke, N., Mathaney, K. & De Barbieri, P. W. (Nov. 5, 2004). *North Star: A resiliency building program for school age girls*. The Massachusetts School Counselor Association Elementary Counselor Conference. Hogan Center College of the Holy Cross, Worcester, MA.

De Barbieri, P.W. & Mickley, D. (March, 2003). *Eating Disorders in the School Age Population: Etiology to intervention*. Workshop for school nurses sponsored through the SCSU Department of Nursing at SCSU.

De Barbieri, P.W. (March, 2003). Invited. Keynote Address. *Honoring Our Founders & Celebrating Counseling in Higher Education: Past, Present, and Future*. Ten year anniversary of the founding of the Connecticut College and University Counseling Association. West Hartford, CT: University of Hartford.

De Barbieri, P. W. (April, 2002). *Voices of Transformation and Recovery*. CSU 7th Annual Research Conference. New Haven, CT.

De Barbieri, P. W. (April, 2002). *Eating Disorders in the School Age Population: Prevention through referral and treatment*. Connecticut Counseling Association Spring Conference. Waterbury, CT.

De Barbieri, P.W. (April, 2002). Panel Presentation on women's issues. *At Risk Students: Four dimensions of support*. Connecticut College and University Counselors Association Spring Workshop. New Haven, CT.

De Barbieri, P.W. (October 2000). Poster. *Voices of Transformation and Recovery*. Third International Conference on Transformative Learning. New York: Teachers College, Columbia University.

De Barbieri, P.W. & Sharpe, A. (April 4, 1999). *Recovery from Bulimia: Adult learning theory and group experience*. Connecticut Counseling Association Spring Conference. Waterbury, CT.

De Barbieri, P.W. (1996). *Understanding Eating Disorders: The what, who and why*. Keynote Address. CT State Department of Public Health School Based Health Center Personnel, Hamden, CT.

De Barbieri, P. W. (1995). Invited. Keynote Address. American Anorexia and Bulimia Secondary School Conference. *Eating Disorders in the Secondary School Population: The communicable disease of the 90's*. The Horace Mann School. Bronx, NY.

De Barbieri, P.W. (1995). Invited. *Eating Disorders: What schools can do to help*. In-service sponsored by the New York City Board of Education, for District Health Coordinators & Comprehensive Team Leaders for the NYC Public School System New York, NY.

De Barbieri, P.W. & Kennedy, P. (1995). *An Eating Disorders Support Group as a Model for Developing Collaboration and Connections Among Students*. Connecticut College Personnel Association Conference, West Hartford, CT.

De Barbieri, P.W. (1994 & 1995). Invited. Keynote Address. *Self Esteem and Self Image 90 Years Later*. Laurelton Hall secondary school students and faculty in celebration of the school's 90 year anniversary, Milford, CT.

De Barbieri, P.W. (1994). Invited. Keynote Address. *Why Weight?...Women, Hunger and Self Esteem*. 1994 Women's History Month Celebration. Millersville University, Millersville, PA.

De Barbieri, P.W. & Briggs, M. (1994). *Empowerment For Women: Letting go of myths*. Workshop presented at the Fourth Annual SCSU Women's Studies Conference, New Haven, CT.

Lee, R. & De Barbieri, P.W. (1994). Invited. *Separating Without Disconnecting: Late adolescence and early adulthood*. The Institute for Living Conference on The Prevention of Eating Disorders from a Developmental Perspective, Hartford, CT.

De Barbieri, P.W. & Farrell, M. (1994). *Eating Disorders: Etiology to intervention - a counselor's perspective*. Connecticut Counseling Association Annual Conference, Hamden, CT.

De Barbieri, P.W. (1993). Invited. State Division Showcase Presentation. *Eating Disorder Programming in Higher Education: A multi-modal approach*. American College Personnel Association Annual Convention, Kansas City, MO.

De Barbieri, P.W. (1992). *Eating Disorder Programming in Higher Education: A multi-*

modal approach. Connecticut College Personnel Association Annual Conference. Hamden, CT.

De Barbieri, P.W. (1992). Invited. *Eating Disorders: What they are and what they do*. State University of New York, Purchase, NY.

De Barbieri, P.W., Denino, D., Knudson, P., & Ross, D.(1992). *The First Year Out: Struggles of a new professional*. Connecticut College Personnel Association Spring Conference. Quinnipiac College, Hamden, CT.

De Barbieri, P.W. (1990). *Eating Disorders In The College Population*. Connecticut College Personnel Association Annual Conference. Bridgeport, CT.

BOOK REVIEW:

De Barbieri, P.W. (February/March, 1999). Review of Robert Kegan. In *Over Our Heads: The mental demands of modern life*. Vanguard, 9(3). pp.12.

CONSULTATION:

De Barbieri, P.W. (Aug. 28, 2007). Professional Development for Pupil Personnel. *Eating Disorders in the School Age Population*. Trumbull Public Schools. Trumbull, CT.

De Barbieri, P.W. (January, 2007). Facilitator. American Association of University Professors Blue Ribbon Committee on Higher Education organizational meeting.

De Barbieri, P.W. (Dec. 4, 2006). In-Service Training. The Renfrew Center of Connecticut. *Treating Eating Disorders: Interfacing with Schools*. Wilton, CT.

De Barbieri, P.W. (February 25, 2005). *Eating Disorders in the School Age Population: Etiology to Intervention*. SCSU Department of Social Work Continuing Education Program. New Haven, CT.

De Barbieri, P.W. (March 4, 2005). *Addressing Eating Disorder Concerns for Athletes: Prevention, intervention and support for recovery*. Presentation for student athletes and follow-up workshops for student affairs and athletic department staff at Nichols College. Dudley, MA.

De Barbieri, P.W. (Nov. 4, 2003). *Eating Disorders in the School Age Population: a school health focus*. Pupil Personnel In-Service. Hamden Public Schools, Hamden, CT.

De Barbieri, P.W. (Fall, 2002; 2001; 2000; 1999; & Spring, 1999). Facilitator. SCSU Faculty Senate Retreat .

De Barbieri, P.W. (August, 2002) *Addressing Eating Disorder Concerns for Athletes: Prevention, intervention and support for recovery*. Presentation and follow-up workshops for student affairs staff and athletic department at Grinnell College. Grinnell, Iowa.

De Barbieri, P.W. (1996). *Eating Disorders and the Transition from Secondary School to the World of Higher Education*. The Taft School Independent School Pupil Personnel and Student Leaders Conference, Watertown, CT.

De Barbieri, P.W. (1995). *Eat Smart! Be Smart! Concepts on Health, Weight, Nutrition and Body Image for Teens and Their Parents*. Greenwich Senior High School, Greenwich, CT.

De Barbieri, P.W. (1995). *Eating Disorders and the Secondary School Population: Myths v.s. realities*. Sponsored by Student Assistance Team for Fairfield Senior High School students. Fairfield, CT.

De Barbieri, P.W. (1995). *The Transition from High School to College*. Presentation for parents and students at Greenwich Senior High School, Greenwich, CT.

De Barbieri, P.W. (1995). *Body Image, Body Comfort, Self Esteem and Eating Disorders: Myths v.s. realities*. Series of two workshops for Trumbull High School students, Trumbull, CT.

De Barbieri, P.W. (1994). Training: Athletic Department. *Recognition, Intervention and Prevention of Eating Disorders for College Athletes*. Millersville University, Millersville, PA.

De Barbieri, P.W. (1992). Student Presentation, *Eating Disorders Recognition*. The Forman School, Litchfield, CT.

De Barbieri, P.W. (1991). *Eating Disorders Programming on a College Campus: Recognition and intervention*. Resident Advisor Training, University of Bridgeport. Bridgeport, CT.

GRANTS RECEIVED:

De Barbieri, P.W. (March, 2008) The Hilda and Preston Davis Foundation, awarded a multi-year challenge grant of \$186,000 distributed over three years, to implement a program to train future mental health professionals in the field of eating disorder prevention, identification, and treatment.

Cameron, M. & De Barbieri, P.W. (Spring, 2008). SCSU Faculty Development Grant. *Zero Tolerance, Suspension, and Expulsion: Is School Discipline Fair and Effective?* Speaker: Russell Skiba, Ph.D., Professor in Counseling and Educational Psychology at Indiana University. (\$2000).

Smith, C., Nwachuku, U., & De Barbieri, P.W. (Spring, 2007). SCSU Faculty Development

Grant. *Spirituality in Higher Education and Spirituality in Counseling*. Speakers: Dr. Judith Mirant, Professor Emeritus, Our Lady of Holy Cross & Dr. Jane Chauvin, Professor, Loyola University New Orleans. (\$1,500)

De Barbieri, P.W., Smith, C. & Miracal, D. (Spring, 2007). SCSU Faculty Development Grant Collaborative Grant. *New Developments in Understanding and Treating Self Injury*. Speaker: Dr. Barent Walsh, Dir. The Bridge of Central Massachusetts. (\$1,900)

Haynes, N. M., Fopiano, J., De Barbieri, P.W., & Nwachuku, U. (Spring, 2006) SCSU Faculty Development Grant. *Meeting the Mandates of No Child Left Behind: Social and Emotional Learning Interventions with Low Achieving Students*. Speaker: Dr. Linda Latieri, Founder and Dir. Of Creative Response to Problem Solving. (\$2000)

Madonia, P., De Barbieri, P.W., Silano, M. & Haynes, N.M. (Fall, 2005). SCSU Faculty Development Grant. *No Child Left Behind: School Counselors Impacting Measurable Indicators of Student Success*. Speaker: Dr. Carol Dahir, Coordinator of Counseling at the New York Institute of Technology. (\$1720.00)

Haynes, N.M., Fopiano, J. & De Barbieri, P.W. SCSU Faculty Development Grant. (Fall, 2004) *Behavior Disorders in Children and Youth: Issues and strategies for schools, communities and parents*. Speaker: Dr. Alan Kazdin, Dir. The Yale Behavior Disorder Clinic to speak on, (\$1,500)

De Barbieri, P.W., Madera, B. & Fopiano, J. SCSU Faculty Development Grant. (Spring, 2003) *Eating Disorders in the School Age Population: Etiology to intervention*. Speaker: Diane Mickley, M.D. Founder and Director of the Wilkins Center for Eating and Weight Disorders in Greenwich CT. (\$2,000)

De Barbieri, P.W., Manke, N. Mathaney, K. SCSU Curriculum Related Activities Grant (Spring, 2003) Development of a Curriculum Guide: *The North Star Facilitators Manual*, focused on the development of self esteem and resiliency through the arts and rooted in Native American tradition. (\$2,500)

Haynes, N.M., & De Barbieri, P.W. (Fall, 2002). SCSU Faculty Development Grant. *The Organizational Development of Effective Teams*. Speaker: Dr. Peter Senge author of The Fifth Discipline. (\$1,500)

De Barbieri, P.W. & Landino, R. SCSU Faculty Development Grant (Spring, 1998) Training course in administration and interpretation of the current version of the Myers Brigg Type Indicator (MBTI). (\$2,500)

De Barbieri, P.W. SCSU Curriculum Related Activities Grant (1994) Development of an Instructional Module on Self Image and Self Esteem for School Age Females. (\$2,500)

Project EDOCC: Eating Disorders On College Campuses. (1992) Grant developed in conjunction with the College Task Force of the American Anorexia and Bulimia

Association to fund the production of a video to train college student service personnel to recognize, intervene, refer and treat students with eating disorders, unfunded.

Sacred Heart University Drug Prevention Program. (\$130,607.00) (1989) Grant to expand the existing drug prevention program and include two peer facilitator components, one campus-based, and another which reaches out into the community; and a curriculum development component that includes a computerized database of drug prevention fact sheets. Funded by the Fund For The Improvement of Postsecondary Education, Washington D.C.

Project DRAGNET (Drug Awareness Geographic Network). (\$39,813.00) (1990) Grant to develop a local geographic network of drug prevention personnel at Connecticut institutions of higher education. Funded by the Fund For The Improvement of Postsecondary Education, Washington D.C.

CURRENT RESEARCH INTERESTS :

Are related to recovery from bulimia, prevention of eating disorders and the effective shaping of the school environment to support eating disorder treatment and recovery. I am also looking at the use of the collective unconscious in physiological healing and self initiated leaning in adults.

CERTIFICATION AND TERMINAL DEGREE:

Licensed Professional Counselor: CT # 03-293033

Ed. D. : Teachers College, Columbia University
New York, New York

Dissertation Title: The Role of Learning in Recovery from Bulimia