

SCHOOL OF HEALTH AND HUMAN SERVICES

George A. Appleby
INTERIM DEAN

The School of Health and Human Services brings together the departments in the University which have as their focus the preparation of competent, creative practitioners to meet the health and human service needs of society. Four of those departments — nursing, public health, recreation and leisure, and social work — provide undergraduate programs which lay the foundation for beginning professional practice in their respective disciplines. Students are also provided with a solid background for pursuing graduate study in their particular field.

All programs require a strong liberal arts base as a prerequisite to professional course work. In addition to theory focused courses in the major, students in each program participate in community based clinical training, field practice and internships. Students have meaningful opportunities to work with clients/consumers while they simultaneously acquire the skills and values of their professional degree major. Faculty members and students learn together and explore how practice, research, and theory building interact as they respond to such community health and human service issues as alcohol and substance abuse, AIDS, family violence, child abuse, primary health care needs, elderly recreation services, and the relationship between poverty and nutrition.

COMMUNICATION DISORDERS

Speech-Language Pathology and Audiology

Marianne Kennedy
CHAIRPERSON

Specialization in Communication Disorders

The specialization in communication disorders is a pre-professional program designed for students who anticipate earning a master's degree, state licensure and national certification as speech-language pathologists or audiologists. Admission to the specialization requires a 3.0 cumulative

grade point average.

Undergraduates complete the University Requirements for a Bachelor of Arts degree. Students also complete 25 observation hours of practicing speech-language pathologists and audiologists. Students complete the following courses:

- CMD 200 — Introduction to Developmental Communication Disorders
- CMD 201 — Introduction to Communication Disorders in Medical Settings
- COM 203 — Phonetics and Phonological Systems
- CMD 317 — Anatomy and Physiology of the Speech and Hearing Mechanism
- CMD 319 — Language Development: Ages Birth to Five
- CMD 320 — Introduction to Hearing Science
- CMD 321 — Introduction to Audiology
- CMD 418 — Neurological Bases of Communication
- CMD 419 — Language Acquisition: School Age — Adolescence
- CMD 420 — Speech Science
- CMD 461 — Clinical Practice of Speech-language Pathology and Audiology

Departmental permission is required for enrollment in all CMD courses. Related courses in psychology, social work, public health, education, computer science, communication and special education are recommended for their relevance to communication disorders. These courses are selected by the student under the advisement of the undergraduate advisor in Communication Disorders.

Undergraduate students majoring in related fields of study such as elementary education, psychology, or special education who plan graduate study in communication disorders should plan their CMD courses under the advisement of the undergraduate advisor in Communication Disorders.

COMMUNICATION DISORDERS COURSES

CMD 200 — Introduction to Developmental Communication Disorders

Introduction to the major theories of normal and abnormal speech development, etiology, classification and characteristics of communication disorders, survey and observation of clinical procedures. 3 credits.

CMD 201 — Introduction to Communication Disorders in Medical Settings

Introduction to normal adult communication, acquired disorders of communication and swallowing, and service delivery systems for adult clients. 3 credits.

CMD 203 — Phonetics and Phonological Systems

The study of clinical phonetics and phonological systems. Topics include basic concepts in anatomy, physiology, and acoustics relating to the development and use of phonological systems. Use and application of the English International Alphabet (IPA) and relevant diacritical markings will be reviewed and practiced. 4 credits.

CMD 317 — Anatomy and Physiology of the Speech and Hearing Mechanism

The anatomy and physiology of the respiratory system, the larynx, the head and neck, and the ear, related to speech production and reception. 3 credits.

CMD 319 — Language Development: Ages Birth to Five

Semantic, syntactic, phonological and pragmatic sequence of normal language development in children. Topics include communication assessment, language disorders, early cognitive development and theoretical bases. Prerequisite: CMD 200, CMD 203. 3 credits.

CMD 320 — Introduction to Hearing Science

The anatomy and physiology of the auditory system, theories of hearing, auditory disorders, and the nature of sound. Introduction of the study of acoustics and psychoacoustics. Prerequisite: CMD 200. 3 credits.

CMD 321 — Introduction to Audiology

Instrumentation and techniques for the identification and management of peripheral hearing disorders including pure-tone, speech audiometrics, immittance testing, screening procedures and methods of aural rehabilitation. Prerequisites: CMD 200, CMD 320. 3 credits.

CMD 418 — Neurological Bases of Communication

Study of neuroanatomy and the neurophysiology underlying normal speech production. The central and peripheral systems are considered as well as the embryologic development of the nervous system. Prerequisite: CMD 317. 3 credits.

CMD 419 — Language Acquisition: School Age — Adolescence

Normal sequence of pragmatic, semantic, syntactic, and phonological development in school age children. Topics include language-learning disabilities, language disorder, bilingual language processes, classroom discourse, and models of assessment and intervention. 3 credits.

CMD 420 — Speech Science

Study of the physiological, acoustical, and perceptual bases of speech; the mechanics of phonation, vocal theory, consonant production; and the acoustic and physiologic investigation of speech output. Lecture, 3 hours; laboratory, 2 hours. Prerequisites: CMD 317 and CMD 321. 4 credits.

CMD 461 — Clinical Practice of Speech-Language Pathology and Audiology

Introduction to clinical practicum in speech-language pathology. Study of clinical practice of speech-language pathology. Emphasis on observation of practicing clinicians in various professional settings. Prerequisite: 21 credits in Communication Disorders. 3 credits.

NURSING

Cesarina Thompson

CHAIRPERSON

BACCALAUREATE PROGRAM IN NURSING

The successful completion of this four-year, 124-credit program fulfills the requirements of the Department of Nursing and the University. Graduates of the program are eligible to take the National Council of State Boards examination in nursing (N-CLEX) for licensure as registered nurses. Application for licensure must be approved by the Connecticut State Department of Health Services. The State Department of Health Services may deny the application if it is determined that the applicant has committed or been found guilty of committing acts which are contrary to public health and safety. The program is accredited by the Commission on Collegiate Nursing Education. Minimum liberal education requirements total 63 credits. The professional component is comprised of 49 credits of specialized content and clinical experience. The remaining credits are allocated to free electives. Upon formal admission to the nursing program, students are assessed \$300 per semester to help offset costs associated with laboratory and clinical work as well as insurance charges.

Upon completion of the program graduates are prepared to: 1) use theoretical bases to guide nursing practice, 2) evaluate qualitative and quantitative research as a foundation for evidence based nursing practice, 3) provide culturally sensitive nursing care that reflects the worth, dignity, and uniqueness of individuals and groups, 4) use interpersonal and technological communication effectively, 5) apply leadership and management principles to facilitate change in health care practice, 6) provide nursing care that reflects analysis of diverse environmental factors that influence local, national, and global health care, 7) demonstrate behaviors that incorporate clients' rights, legal and ethical accountability, and professional codes and standards, 8) collaborate in providing care to clients, families, and groups in a variety of health care environments, and 9) use self-evaluation to promote professional growth and lifelong learning.

NURSING ADMISSION

Students interested in majoring in nursing must complete a dual admission process. Initially, applicants must be accepted into the University by the Admissions Office. Then, application is made for admission to the Department of Nursing near the end of the fall semester or the beginning of the spring semester of the sophomore year. Admission is competitive, with a QPR of 2.5 being the minimum considered for acceptance. QPR, as well as other preadmission criteria will be used as a way of evaluating students for acceptance into the nursing program. Qualified applicants may not be accepted because of a limit on the number of clinical placements in the program.

During the freshman and sophomore years, students take University Requirements and course prerequisites to the major. During the junior and senior years, students take nursing courses and electives as needed. Throughout the program, students must maintain a QPR of at least 2.0 and receive a grade of "C" or better in all nursing and prerequisite courses. Course prerequisites to entering the major are: BIO 110, 111, 120; CHE 120, 125; ENG 101; MAT 107, 108;

PHY 103; and PSY 100, 210.

Students interested in the nursing major who have completed, or are close to completing, specified coursework for the first two years of the program should submit an application to the Nursing Department by February 1. Transfer students must be matriculated into the University by December 15 in order to apply to nursing by February 1. This application should be accompanied by official transcripts for all college credit being applied to the nursing degree. Applications will be available in the Nursing Office by December 20.

Students newly accepted into the program must complete the following information regarding Health and Liability Insurance Policies to begin classes:

- Submit to Granoff Health Center by June 15: current health form; results of either PPD skin test or chest x-ray for TB completed within previous 12 months; evidence of rubella and varicella vaccination or antibody titre; evidence of measles vaccination; and evidence of Hepatitis B vaccination or Hepatitis B titre or signed declination to receive vaccine.

- Submit to Nursing Department by June 15 current CPR certification; evidence of current malpractice insurance.

- Students entering the senior year in the program must provide to Granoff Health Center by June 15: results of either PPD skin test or chest x-ray for TB completed within previous 12 months; evidence of Hepatitis B vaccination or Hepatitis B titre, or signed declination to receive vaccine.

- Students entering the senior year must submit to the Nursing Department by June 15 current CPR certification; evidence of malpractice insurance that will be current through to graduation.

- Continuation in the program is dependent upon satisfactory academic and professional performance.

- Students must achieve a grade of “C” or better in all nursing and prerequisite courses.

As a requirement of the Department of Nursing, students are required to take the *Medication Test* during their first semester of nursing courses. The *Medication Test* is offered one time before the midterm point of the semester. All students are required to take this test at the initial offering. Students must pass the *Medication Test* with a grade of 85 or above. For students receiving a grade below 85 in the first test offering, two additional opportunities to take this test are offered to those students before the end of the identified semester. This requirement must be successfully completed by the last scheduled date within the identified semester in order to continue in the nursing program. Information regarding this mandatory test is offered in NUR 306.

Accelerated Program Admission Policy

The Nursing Department offers an *Accelerated Nursing Program* to baccalaureate students already admitted to the department. The program affords students the opportunity to take nursing courses during the summer between the junior and senior year, completing all nursing courses in three semesters rather than four. Admission into the *Accelerated Nursing Program* of the Department is competitive; specific admission requirements are described in the Department’s Undergraduate Program Policies.

RN Admission

The University offers a flexible admission policy for RN’s who hold an associate degree or diploma and who now seek to earn a bachelor’s degree in nursing. While the RN student must meet the same graduation requirements as the basic nursing student, the program takes into account the RN’s rich background in nursing. Once accepted by the University, RN students should submit a separate application for the B.S. degree program obtained from the Department of Nursing. Students must have at least a 2.5 QPR for admission to the program.

Admission into the professional nursing component of the program requires successful completion of selected prerequisite courses, or their equivalent. The prerequisite courses or their equivalents include: BIO 110, 111, 120, ENG 101, MAT 108, 107, PHY 103, CHEM 120, 125, PSY 100, 210.

Credits for prerequisites may be obtained through completion of the course, transfer credit, or examination (College Level Examination Proficiency). The University accepts CLÉP subject examination results within a specific score range. Students must maintain a cumulative quality point ratio of 2.0 or better and a grade of C or better is required for the prerequisite and nursing courses.

Southern Connecticut State University participates in the Connecticut Articulation Model for Nurse Educational Mobility. Inquiries regarding this agreement should be directed to the RN Coordinator in the Department of Nursing. Students must earn at least 30 credits from Southern Connecticut State University to be awarded a degree from the University.

Southern Connecticut State University currently offers select courses on-line for students wishing to take their course work via distance learning. Inquiry about this method of study should be directed to the RN coordinator in the Department of Nursing.

At the time of admission to the Department of Nursing, each RN student must submit directly to the Department of Nursing, evidence of current CPR certification, current Connecticut license and current individual malpractice insurance. In addition, at the time of admission to the nursing program, each RN student must provide a current health form to the Granoff Student Health Center with evidence of results of either a PPD skin test or chest x-ray for TB completed within the previous 12 months; evidence of rubella and varicella vaccinations; evidence of Hepatitis B vaccination, a Hepatitis B titer or signed declination to receiving the vaccine.

RN students interested in pursuing a bachelor’s degree should contact the Department of Nursing and request an appointment with the RN coordinator. Students may enroll on a full time or part time basis.

Nursing Transportation

Students are responsible for their own individual transportation to and from all clinical agencies. Student learning experiences may be scheduled any time between 7 a.m. and 10 p.m.

FRESHMAN YEAR

33 Credits

Composition..... 3

| | |
|-------------------------------------|---|
| Math..... | 3 |
| Chemistry..... | 8 |
| Physics..... | 3 |
| Foreign Language..... | 3 |
| Communication..... | 3 |
| Social Sciences..... | 3 |
| American Political Foundations..... | 3 |
| Physical Education..... | 1 |
| Psychology..... | 3 |

SOPHOMORE YEAR 30 Credits

| | |
|----------------------|---|
| Biology..... | 9 |
| Psychology..... | 3 |
| Math..... | 3 |
| History..... | 3 |
| Social Sciences..... | 3 |
| Literature..... | 3 |
| Fine Arts..... | 3 |
| Philosophy..... | 3 |

JUNIOR YEAR 31 Credits

| | |
|--|----|
| Nursing — theory only courses..... | 14 |
| Nursing — theory/practice courses..... | 11 |
| Electives — general..... | 6 |

SENIOR YEAR 30 Credits

| | |
|--|----|
| Nursing — theory only courses..... | 3 |
| Nursing — theory/practice courses..... | 19 |
| Nursing — electives..... | 2 |
| Electives — general..... | 6 |

NURSING COURSES

NUR 302 — Theoretical Foundations of Professional Nursing

Designed as an introduction to selected concepts that contribute to the foundation of professional nursing. This foundation encompasses various philosophies, theories and frameworks that allow nurses to engage in quality nursing practice. Prerequisites: completion of all prerequisites for the nursing major and acceptance to major. 3 credits.

NUR 304 — Health Assessment

Concepts of wellness and growth and development throughout the life cycle provide the basis for the study of health assessment. This course emphasizes data collection of physiologic and psychosocial parameters for obtaining nursing diagnoses. Clinical experiences for integration of theory and skill mastery are utilized. Prerequisite: completion of all prerequisites for the nursing major and acceptance to major. 3 credits.

NUR 305 — The Childbearing Family

Emphasis on the childbearing experience and the impact on the family. The content includes clients who are at risk for potential physical, emotional and developmental health problems. Clinical experiences provide students the opportunity to apply theory to patients/families during all phases of the childbearing experience. Prerequisites: NUR 302, 304, 308, 310, and 312. 3 credits.

NUR 307 — The Child Rearing Family

Focuses on health and illness issues common to families with children, from infancy through adolescence. Assessments of health and illness will be conducted and nursing interventions formulated using Gordon's Functional Health Patterns Model. Clinical experiences provide opportunities for the integration of theory to nursing practices in the area of health promotion, health maintenance, and health restoration of

children within the family context. Prerequisites: NUR 302, 304, 308, 310 and 312. 3 credits.

NUR 308 — Concepts of Altered Health

Focuses on the body system's responses to changes in the internal and external environments. Manifestations of selected health problems are presented with consideration given to their physiological basis. Application of concepts to the nursing process is emphasized. Prerequisites: completion of all prerequisites for the nursing major and acceptance to major. 3 credits.

NUR 310 — Therapeutic Nutrition

Nutritional therapy as a basis for nursing intervention of major health problems is the focus of this course. The role of nutrition in maintaining and restoring health and in preventing illness is discussed. Prerequisite: completion of all prerequisites for the nursing major and acceptance to major. 2 credits.

NUR 312 — Evidence-Based Nursing Interventions

Provides theory and lab practice in performing therapeutic nursing interventions. Students are exposed to a variety of skills which lay the foundation for professional nursing practice. Emphasis is placed on current research and evidence bases for skills, psychomotor skills acquisition, patient responses, and professional responsibilities including documentations and delegation. Prerequisites: completion of all prerequisites for the nursing major and acceptance to major. 3 credits.

NUR 313 — Pharmacology and Nursing Interventions

Highlights the significant aspects of the interaction of drugs on body systems with emphasis on the nursing interventions that are involved. Prerequisites: completion of all prerequisites for the nursing major and acceptance to major. 2 credits.

NUR 317 — Nursing Research

An overview of the research process as it is used in nursing. Emphasis is placed on evaluating research for its applicability to clinical practice. Prerequisite: NUR 302. 2 credits.

NUR 325 — Theoretical Foundations of Nursing Practice with Families Across the Lifespan

This course focuses on the responses of families and family members to health and illness. The nursing role in health promotion across the lifespan is emphasized. The nurse's role with individual and family adaptation responses is identified as the foundation of the nursing process. Prerequisites: NUR 302. 3 credits.

NUR 398 — Special Topics in Health Care

Beginning exploration of current developments, issues, and trends in the field of health care. 1-3 credits.

NUR 404 — Gerontological Nursing

Identifies the unique body of knowledge necessary to provide holistic and comprehensive nursing care to the older adult. The nursing process as applied to the adaptive experience of the older adult will draw upon research relevant to nursing intervention and evaluation of outcome. Prerequisites: all required 300 level courses. 2 credits.

NUR 405 — Seminar on Health Care Issues: Implications for Nursing Practice

Seminar on current health-related issues and their impact on society. Implications for nursing practice will be addressed. Topics will be researched, analyzed and synthesized by students. Topics will be presented in a seminar format. Prerequisites: NUR 404, 408, and 410. 1 credit.

NUR 407 — Leadership and Management in Nursing

The purpose of this course is to develop the student's knowl-

edge base about principles of leadership and management. Concepts of effective leadership and management, economic, and public policy factors, as well as legal/ethical issues related to nursing leadership are discussed. Prerequisites: NUR 404, 406, 408, and 410. 2 credits.

NUR 408 — Mental Health Nursing

Issues of mental health nursing, including adaptive and ineffective behaviors, major psychiatric illnesses and high risk populations, are addressed in this course. The student applies theoretical knowledge in a clinical practicum. Prerequisites: all required 300 level courses. 3 credits.

NUR 409 — Community Health Nursing

Community health nursing presents a synthesis of nursing theory applied to promoting and preserving health of populations. The clinical focus of this course is on the community as a whole with nursing care of individuals, families and groups. Prerequisites: NUR 404, 406, 408 and 410. 4 credits.

NUR 410 — Adult Health Nursing

Holistic approach to the care of adults with moderate biopsychosocial health problems. The clinical practicum focuses on the care of clients with ineffective behaviors and stimuli related to selected biopsychosocial alterations. Prerequisites: all required 300 level courses, NUR 406. 4 credits.

NUR 411 — Adult Responses to Complex Stressors

Holistic approach to the nursing of adults with complex biopsychosocial health needs. Clinical practicum in nursing enables students to apply advanced theoretical knowledge to complex illness situations. Prerequisites: NUR 404, 406, 408 and 410. 4 credits.

NUR 420 — Guided Imagery in Nursing Practice

The use of guided imagery as a nursing intervention in a variety of situations and clinical settings is discussed. Content incorporates current theory and historical perspectives of other cultures related to imagery. Selected imaging interventions including pain reduction and healing are presented utilizing the nursing process. 1 credit

NUR 422 — Interpersonal Violence and the Critical Role of the Nurse

This course addresses the nursing role with survivors of violence. The major focus of the course is assessment, intervention, and analysis of specific situations within the dysfunctional family. Specific nursing strategies are discussed and evaluated. 1 credit

NUR 423 — Transcultural Issues in Nursing

This course provides nursing students with a broadened understanding of multicultural and multiethnic concerns in providing comprehensive nursing care to clients. 1 credit.

NUR 424 — Therapeutic Touch: Application to Clinical Practice

This course focuses on healing through the use of human energy fields using a theoretical, historical, and research base. Opportunities for the practice of therapeutic touch are provided. 1 credit.

NUR 426 — The Mind's Role in Illnesses: Application to Nursing Practice

The role of the mind in maintaining health and preventing illness is explored. Specific illnesses for which research has evaluated the effectiveness of mind/body approaches are presented including techniques widely used by health care professionals. 1 credit.

NUR 428 — Legal Issues in Nursing

Legal issues in areas of employment and nursing practice

are examined. Legal processes and case examples involving nurses are explored and provided a basis for analysis and decision making. 1 credit.

NUR 460 — Advanced Concepts in Nursing I

This course focuses on the essential elements of professional nursing practice and on issues related to nursing as an evolving profession. Topics such as leadership, autonomy, change theory, adult learning, research and communication are discussed and related to nursing practice. Nursing theories/models and their application to practice will also be discussed. Prerequisites: acceptance into RN-BSN Program and completion of all prerequisites to nursing. 3 credits.

NUR 462 — Health Assessment for RN-BSN Students

This nursing assessment course is designed to prepare the Registered Nurse student with the theoretical knowledge and skills necessary to perform a comprehensive health assessment. The course focuses on history taking, interviewing, and assessment techniques with respect to both health and illness needs of clients. Students have the opportunity for laboratory practice as well as the opportunity to apply these skills in the community setting. Prerequisite: acceptance into the RN-BSN program and completion of all prerequisites to nursing. 4 credits

NUR 463 - Concepts of Community Health Nursing

This course focuses on community health nursing practice. It includes discussion of individuals, families, and communities. The nursing process focuses on health promotion, health teaching, leadership, nursing theory, and the implications of nursing research. Prerequisites: NUR 460 and 462. 5 credits.

NUR 465 — Advanced Concepts in Nursing II

This course focuses on nursing practice in a variety of community settings. Essential concepts needed to practice competently in the community setting are discussed with a focus on family theory as well as major community problems among high risk client groups. Emphasis is placed on individuals, families and aggregates in the community. Prerequisites: NUR 460, 462, 463. 3 credits.

NUR 481 — Independent Study in Nursing

Prerequisite: NUR 317. 3 credits.

NUR 495 — Departmental Honors

Prerequisite: departmental permission. 3 credits.

NUR 497 — Practicum in Inpatient Services

Concentrated experience for students to apply theoretical, conceptual, and skill learning in a structured clinical environment under the supervision of a Registered Nurse. Prerequisites: Successful completion of all 300 level nursing courses. 3 credits.

NUR 498 — Special Topics in Health Care

Advanced exploration of current developments, issues, and trends in the field of health care. 1-3 credits.

PUBLIC HEALTH

William Faraclas

CHAIRPERSON

MAJOR PROGRAM IN PUBLIC HEALTH

Public health is a dynamic field concerned with the promotion of well being, prevention of disease and disability, and the enhancement of quality of life. The B.S. degree program in public health — one of the few of its kind in this country — provides the knowledge and skills necessary for effective practice in public and private settings. The program consists of a 27-credit core curriculum, a 15-credit specialization, and 6 credits of professional experience. University and academic distribution requirements total 46-49 credits. The remaining 24-27 credits are for free electives. Majors are encouraged to develop a minor in an academic area which complements the public health major.

Core Curriculum for Majors

All public health majors complete the following 9 courses (27 credits):

- PCH 202 — Introduction to Public Health
- PCH 242 — Introduction to Epidemiology
- PCH 340 — Public Health Research
- PCH 351 — Health in Society
- PCH 358 — Health Policy
- PCH 359 — Environmental Health
- PCH 362 — Public Health Administration
- PCH 365 — Illness and Disease
- PCH 375 — Public Health Education

Professional Experience

All public health majors complete a 6-credit internship in a public or private agency (PCH 497 Public Health Internship).

MAJOR SPECIALIZATIONS IN PUBLIC HEALTH

Every public health major completes a specialization in one of two areas: environmental health or health promotion. The specialization accounts for 15 credits of the public health major requirements.

SPECIALIZATION IN ENVIRONMENTAL HEALTH

Environmental health is an exciting and important area of practice within the field of public health. Public health majors who wish to prepare themselves for careers in this area elect an environmental health specialization. Coursework addresses current and on-going issues of environmental concern, regulation and public responsibility, the traditional role of the sanitarian and expanded responsibilities of public health specialists in environmental health. A strong emphasis is placed on the importance of primary prevention as a central strategy for health promotion in the challenging field of environmental health.

To complete the 15-credit specialization in environmental health, public health majors take the following courses:

Required (12 credits):

- PCH 440 — Food Hygiene
- PCH 441 — Water Supply and Wastewater Treatment
- PCH 442 — Solid and Hazardous Waste Management
- PCH 443 — Topics in Environmental Health

Select one of the following (3 credits):

- BIO 210 — Environmental Biology and Conservation
- CHE 125 — Applications of Inorganic,

- Organic and Bio-chemistry
- CHE 340 — Environmental Chemistry
- ENV 300 — Environmental Studies I
- PCH 250 — Occupational Safety and Health
- PCH 444 — Injury Epidemiology and Control
- PCH 480 — Health Law
- PHY 330 — Radioactivity

Prerequisites for PCH 440, 441, 442, 443, and 444 may be waived for those with appropriate experience in the field of public health.

SPECIALIZATION IN HEALTH PROMOTION

Ecological perspectives and approaches have become dominant ideologies in public health. As such, the importance of health promotion, as a comprehensive strategy for effecting personal and social change, has increased dramatically. Health promotion programs have become increasingly prevalent in the public and private sectors. This specialization orients students to the theoretical, scientific, ethical, and practical foundations of health promotion, thus preparing them for entry-level positions in community, worksite, and clinic-based health promotion/disease-prevention programs.

Required 15 (credits)

- PCH 430 — Health Promotion Priorities
- PCH 431 — Health Promotion Interventions (6 credits)
- PCH 432 — Health Promotion Planning and Evaluation (6 credits)

SPECIAL REQUIREMENTS

Public health majors must take PCH 201 to fulfill the University health requirement, and MAT 107 to fulfill the mathematics requirement. In addition, public health majors must take BIO 111 as an academic distribution requirement. Majors specializing in environmental health also must complete BIO 120.

DEPARTMENTAL ACADEMIC STANDARDS FOR MAJORS

Public health majors must achieve a grade of “C” or higher in a required major course for it to be accepted toward fulfilling graduation requirements. Students with a grade of “C-” or lower in a required major course will have to repeat the course. Only two attempts are afforded a student to achieve the grade of “C” or higher, excluding all forms of withdrawal. Failure to achieve a grade of “C” or higher after two attempts will result in the student’s dismissal from the public health major program. Only public health courses with a grade of “C” or better will be accepted as prerequisites for succeeding major courses.

MINORS

The Department of Public Health offers 5 unique minors. Students who complete an 18-credit minor in the Department of Public Health shall have the all-University health requirement waived automatically.

MINOR IN HEALTH IN SOCIETY

This minor, consisting of 18 credits, addresses the social and cultural aspects of public health. It is intended for students with an interest in sociological, cultural, and cross-cultural analysis of health behavior as well as the institutional and political parameters of health systems.

Required (12 credits)

PCH 202 — Introduction to Public Health
 PCH 351 — Health in Society
 PCH 352 — Health, Disease and Culture
 PCH 353 — World Health

Electives (Select 6 credits)

PCH 242 — Introduction to Epidemiology
 PCH 350 — Women's Health Consciousness
 PCH 358 — Health Policy
 PCH 359 — Environmental Health
 PCH 365 — Illness and Disease

MINOR IN WELLNESS

The 18-credit wellness minor addresses personal behaviors and environmental conditions that affect the quality of personal and public health. It is intended to increase the capacity of the individual to adopt health-benefiting behaviors and lifestyles.

Required (3 credits)

PCH 201 — Wellness

Electives (Select 15 credits)

PCH 200 — Introduction to Nutrition
 PCH 204 — Food Selection and Preparation
 PCH 270 — Stress Management and Health Promotion
 PCH 280 — Human Sexuality
 PCH 350 — Women's Health Consciousness
 PCH 365 — Illness and Disease
 PCH 450 — Death, Dying and Bereavement

MINOR IN HEALTH SERVICES ADMINISTRATION

This minor, consisting of 18 credits, addresses the role of management as it affects the nature and quality of health services delivery. It is intended for potential administrators both in and allied to the broad field of health.

Required (9 credits)

PCH 202 — Introduction to Public Health
 PCH 358 — Health Policy
 PCH 362 — Public Health Administration

Electives (Select 9 credits)

PCH 242 — Introduction to Epidemiology
 PCH 250 — Occupational Safety and Health
 PCH 351 — Health in Society
 PCH 359 — Environmental Health
 PCH 480 — Health Law

MINOR IN NUTRITION

This minor, consisting of 18 credits, is intended to provide the student with a background in nutrition for personal and community application.

Required (3 credits)

PCH 200 — Introduction to Nutrition

Electives (Select 15 credits)

PCH 204 — Food Selection and Preparation
 PCH 205 — Principles of Meal Management
 PCH 300 — Food Science
 PCH 306 — Diet and Nutritional Therapy
 PCH 360 — Community Nutrition
 PCH 425 — Nutrition Ecology
 PCH 440 — Food Hygiene
 PED 301 — Exercise and Nutrition

MINOR IN PUBLIC HEALTH

This minor, consisting of 18 credits, focuses on the nature and role of the public health model as it affects health and disease. It provides knowledge and skills for those students in business administration, economics, nursing, the sciences, and other disciplines who see themselves as having professional involvement in public health issues.

Required (9 credits)

PCH 202 — Introduction to Public Health
 PCH 242 — Introduction to Epidemiology
 PCH 358 — Health Policy

Electives (Select 9 credits)

IDS 310 — Community Mental Health
 PCH 351 — Health in Society
 PCH 356 — Maternal Child Care
 PCH 359 — Environmental Health
 PCH 362 — Public Health Administration
 PCH 365 — Illness and Disease
 PCH 375 — Public Health Education
 PCH 480 — Health Law
 PHI 325 — Bio-Ethics of the Life Sciences

PUBLIC HEALTH COURSES

PCH 100 — Introduction to Wellness

Overview of attitudes, behaviors, and lifestyles that can foster personal well-being. 1 credit.

PCH 200 — Introduction to Nutrition

Basics of nutrition; significance of nutrition to the quality and length of individual human life. 3 credits.

PCH 201 — Wellness

Study of health issues designed for the college student desiring to become more self directed in establishing health behavior patterns and lifestyle. 3 credits.

PCH 202 — Introduction to Public Health

Overview of the field of public health: historical context; current issues; trends and practices; goals, roles and methods of practitioners; principles for professional application. 3 credits.

PCH 204 — Food Selection and Preparation

Factors contributing to optimal nutritional use of foods. Food preparation demonstrations. 3 credits.

PCH 205 — Principles of Meal Management

Factors and problems in the application of delivering institutional and commercial food services, including budgeting, purchasing, safety, energy conservation, personnel, and menu planning for various occasions and settings. 3 credits.

PCH 242 — Introduction to Epidemiology

Principles underlying the measurement of health and illness in humans. Survey of methods and techniques used by the epidemiologist investigating the distribution and causes of disease. Prerequisites: MAT 107 and PCH 202. 3 credits.

PCH 250 — Occupational Safety and Health

Principles of creating, maintaining and monitoring a healthful and accident-free work environment. Laws, regulations and enforcement policies, economic and health impact. 3 credits.

PCH 270 — Stress Management and Health Promotion

Interaction between stress and health, identification of sources of stress and methods to control, development of stress-management skills. 3 credits.

PCH 280 — Human Sexuality

Exploration of the biological, psychological, sociological and philosophical aspects of human sexuality. Experience in therapeutic effects of dialogue about sex and values. 3 credits.

PCH 298 — Special Topics in Public Health

Examination of developments, issues, and/or creative work in the field of public health. 3 credits.

PCH 300 — Food Science

In-depth analysis of human nutritional requirements and the nutritional properties of food; controversies in nutrition addressed. Prerequisite: PCH 200. 3 credits.

PCH 306 — Diet and Nutritional Therapy

Exploring and exposing fact and fiction in nutritional and dietary responses to various major and minor disorders. 3 credits.

PCH 340 — Public Health Research

Introduction to the methods essential for planning, conducting and evaluating research in the health field. Written class projects and an individual research project are required. Prerequisites: MAT 107 and PCH 202. 3 credits.

PCH 350 — Woman's Health Consciousness: Ages 18-40

Exploration of health issues specifically related to women aged 18-40: fertility control and behavior, alternatives in childbirth, and medical self-care. 3 credits.

PCH 351 — Health in Society

Examination of health services and institutions; the role of health professionals and their relationships with clients; and, the relationship between illness and the social process. Prerequisites: PCH 202 or concurrent. 3 credits.

PCH 352 — Health, Disease and Culture

The interaction of cultural forces and health. Special attention is given to the interplay of primitive, folk, and scientific medicine; and, cultural forces and social stresses in rural and urban living. Case material on health programs in developing countries. 3 credits.

PCH 353 — World Health

A study of the current health status and health manpower in major nations of the world. Prerequisite: junior status 3 credits.

PCH 355 — Health Counseling

The role of counseling in the health field. Development of interpersonal skills for professional application. 3 credits.

PCH 358 — Health Policy

An investigation of issues and legislative procedures which shape health policy; a survey of important health legislation. Prerequisite: PCH 202. 3 credits.

PCH 359 — Environmental Health

Determination of the association between environment and health with focus on social and legal problems, toxic hazards, air and water pollutants, industrial pollutants, environmental health and disease control. 3 credits.

PCH 360 — Community Nutrition

Practical application of nutrition within the area of public and community health; the service role of the nutritionist. Prerequisite: PCH 200 or 300. 3 credits.

PCH 362 — Public Health Administration

Administrative functions as they apply to supervisors and unit/department heads in public health organizations. Prerequisites: PCH 202. 3 credits.

PCH 365 — Illness & Disease

The impact of disease and illness on individuals and societies presently and historically: clarification, causation, environmental factors, methods of control. Diseases and illnesses of public health concern. 3 credits.

PCH 370 — Emergency Medical Technician (EMT) Training

Training in prehospital life support and transportation techniques prerequisite to State certification as an emergency medical technician. Prerequisite: departmental permission. 6 credits.

PCH 375 — Public Health Education

Role in public health; nature, scope, and foundations; ; applications; personnel and resources; strategies and methodologies. Prerequisite: PCH 202 or junior status. 3 credits.

PCH 425 — Nutrition Ecology

An ecological perspective of human diets and providing foods for people from various geographic, cultural, and socioeconomic backgrounds. Prerequisite: PCH 200. 3 credits.

PCH 430 — Health Promotion Priorities

Analysis of predisposing, reinforcing, and enabling factors of behavioral and environmental precursors to select health problems; Healthy People 2010 objectives, health disparities among minorities, special populations and cultural sensitivity addressed. Prerequisite: Junior status. 3 credits.

PCH 431 — Health Promotion Interventions

Strategies, methodologies, technology and resources used in the design and development of health promotion interventions. Prerequisite: PCH 202 or 375. 6 credits.

PCH 432 — Health Promotion Planning and Evaluation

Development of skills of assessment, planning, implementation, and evaluation of health promotion interventions. Prerequisites: PCH 430 and 431. 6 credits

PCH 433 — Health Promotion Practice

Design, development, delivery, and evaluation of health promotion intervention. Prerequisite: PCH 432. 3 credits.

PCH 440 — Food Hygiene

Analysis of food-borne diseases and toxins. Survey of methods and techniques utilized in food sanitation. Prerequisites: BIO 120, PCH 202 and 359. 3 credits.

PCH 441 — Water Supply & Waste-Water Treatment

Analysis of environmental health parameters involving public and private water supplies and waste-water treatment and disposal. Prerequisites: BIO 120, PCH 202 and 359. 3 credits.

PCH 442 — Solid and Hazardous Waste Management

Analysis of environmental health parameters involving solid and hazardous waste and vector control. Prerequisites: BIO 120, PCH 202 and 359. 3 credits.

PCH 443 — Topics in Environmental Health

Analysis of contemporary environmental health issues. Topics shall include air pollution, radiation, institutional health, health aspects of shelter, noise pollution and other current topics. Prerequisites: PCH 202 and PCH 359. 3 credits.

PCH 444 — Injury Epidemiology and Control

Causes, control strategies and public policy concerning injury and trauma. Prerequisites: BIO 120, PCH 202 and 359. 3 credits.

PCH 450 — Death, Dying, and Bereavement

Understanding death in our culture and social and personal mechanisms for responding to death, dying and bereavement. 3 credits.

PCH 455 — Health Planning

Process of determining health needs, assessing resources, and developing and implementing programs. Prerequisites: PCH 202 and 351. 3 credits.

PCH 480 — Health Law

Examination of the interactions among individual health behavior, provisions for the public's health, and the law. 3 credits.

PCH 481 — Studies in Current Health Problems

Application of public health principles and exposure to the health field through problem-solving experience. Required seminar. Prerequisite: departmental permission. 6 credits.

PCH 490 — Health Studies Abroad

Study of health status, health care delivery, epidemiology, diseases, and nutrition in a selected culture. Visits to local health facilities and interaction with natives complement lectures and observation. Prerequisite: departmental permission. 6 credits.

PCH 492 — Health and the Aged

The aging process and related problems with special emphasis on the physical and mental health factors of aging and the kinds of treatment available. The role of the family, law and government also will be covered. 3 credits.

PCH 496 — Seminar for Public Health Practice

Professional practitioner issues in public health including ethics, problem analysis/grant-writing and career planning. Prerequisites: Departmental permission and co-requisite completion of all PCH courses. 3 credits.

PCH 497 — Public Health Internship

A pre-professional application of acquired skills in a community health program. Students are placed in agencies for field study; weekly seminars. Prerequisites: Departmental permission and co-requisite completion of all PCH courses. 6 credits.

PCH 498 — Advanced Special Topics in Public Health

Advanced examination of developments, issues, and/or creative work in the field of public health. Prerequisites: junior or senior public health major or departmental permission. 3 credits.

RECREATION AND LEISURE STUDIES

Robert Cipriano

CHAIRPERSON

MAJOR PROGRAM

The undergraduate curriculum is designed to provide the student with a broad basic foundation in professional preparation in recreation and parks. Recognition is given to the great diversity of recreation, leisure, and park positions by providing professional emphasis through which the student may obtain a better orientation to specific career goals. Four such areas of emphasis are outdoor adventure recreation, therapeutic recreation, and community recreation.

The professional emphasis focuses upon planning, conducting, and administering programs in a variety of settings and program fields. A minimum of 124 credits is required for graduation. The choice of electives is consistent with the

individual needs of students for their specific career goals.

Liberal education requirements total 40 credits. Academic distribution requirements total 15 credits and 15-24 credits are allocated for electives. Professional and specialized content comprises 48 credits of which 12 credits are allotted to field experience.

Students interested in pursuing career options in therapeutic recreation may elect that emphasis area to facilitate their eligibility for certification as a Therapeutic Recreation Specialist—professional provisional by the National Council for Therapeutic Recreation Certification (NCTRC). This area of emphasis for such eligibility includes successful completion of REC 230, REC 331, REC 391, and REC 431 as well as an approved field experience in therapeutic recreation. These credits may be taken as part of the 124-credit program.

Any student receiving a grade of C or lower in any required recreation course must repeat that course within two semesters. Students receiving grades of C or lower in more than one required recreation course may be dismissed from the program.

FRESHMAN YEAR**31 Credits**

| | |
|--|-----|
| Composition | 3-6 |
| Foreign Language | 3 |
| Zoology/Biology | 3 |
| Social Sciences A | 3 |
| Communication..... | 3 |
| General Health | 3 |
| Introduction to Recreation & Leisure | 3 |
| Leadership Development..... | 3 |
| Physical Education | 1 |
| Electives | 0-3 |

SOPHOMORE YEAR**30 Credits**

| | |
|--|---|
| Literature | 3 |
| Mathematics..... | 3 |
| Anatomy & Physiology I | 3 |
| Fine Arts | 3 |
| Challenge of Chemistry | 3 |
| Cognate Selection..... | 3 |
| Cognate Selection..... | 3 |
| Cognate Selection..... | 3 |
| Methods & Materials | 3 |
| Introduction to Therapeutic Recreation | 3 |

JUNIOR YEAR**30 Credits**

| | |
|--------------------------------------|---|
| Cognate Selection..... | 3 |
| American Political Foundations | 3 |
| Philosophy | 3 |
| Recreation & Park Programs..... | 3 |
| Recreation & Park Areas | 3 |
| Field Experience I | 6 |
| Electives | 9 |

SENIOR YEAR**30 Credits**

| | |
|---------------------------------------|---|
| History of Western Civilization | 3 |
| Organ. & Admin. of Leisure | 3 |
| Senior Research Methods | 3 |
| Philosophy of Rec. & Leisure | 3 |
| Field Experience II | 6 |
| Risk Management | 3 |
| Electives | 9 |

RECREATION COURSES**REC 100 — Introduction to Recreation and Leisure**

Orientation to the myriad of careers in parks and recreation. On-the-job observation, work experience, and evaluation in pertinent recreation agencies. Field trips required. 3 credits.

REC 105 — Recreation and Lifetime Skills

Stress is on increasing knowledge and performance in the outdoor recreation activities. Includes casting and angling, shooting sports, sailing, canoeing, power boating, snow skiing, hiking, bicycling and scuba diving. 1 credit.

REC 120 — Leadership Development

Exploration of concepts leadership leading to the acquisition of skills useful in developing and directing recreation and leisure services to meet the needs of service participants. Leadership theories, styles, methods, and techniques are analyzed. 3 credits.

REC 207 — Recreational Games and Activities

Study of the broad programs of physical activity employed at the elementary school age level in recreation programs. Activities include: basic rhythms, movement exploration, games, rope skipping, physical fitness, novelty games and relays. 3 credits.

REC 210 — Methods and Materials

Exploration of methods and materials utilized to lead people in games of low organization, informal activities, and individual and team sports. Analysis of activities and specific techniques for adapting activities in recreation. 3 credits.

REC 230 — Introduction to Therapeutic Recreation Service

Introduction to history, philosophy, and concepts of therapeutic recreation service in community and institutional settings. Description of special population groups, terminology, role of therapeutic recreation specialist. Field trips required. 3 credits.

REC 241 — Outdoor Recreation Management

Provides students with a knowledge of history, theory and principles of the preservation, conservation and management of natural resources for outdoor recreation use. Field trips required. Prerequisite: REC 100 or departmental permission. 3 credits.

REC 261 — Travel and Tourism: Principles and Practices

Principles and practices involved in the planning, development, and operation of travel and tourism delivery systems. Field trips required. 3 credits.

REC 300 — Field Experience I

Supervised eight week practicum in a professional setting with emphasis on supervisory teaching, or program leadership in various laboratory settings relating to outdoor community, rehabilitative, or non-profit recreation programs. Scheduled in junior year. Prerequisite: REC 320, departmental permission. 6 credits each.

REC 307 — Disabilities in Society

Exploration of the range of human experiences of individuals with disabilities and the associated attitudes which shaped historic treatment leading to reforms, advocacy techniques useful in arranging services to people with disabilities. The interrelationships of societal institutions, methods to exert control, the responses of societies to these issues and the forecasting of future trends and issues. Emphasis on inclusion, integration, and community membership are explored. Community-based service learning and observation are

required. 3 credits.

REC 320 — Recreation and Park Programs

Principles of planning and the procedures and techniques used for the development and delivery of recreation programs and leisure services. Field Trips required. Prerequisite: REC 120 and 210. 3 credits.

REC 321 — Programming in Community Recreation

Advanced principles of planning, and the procedures and techniques used specifically for the development and delivery of community based recreation programs and leisure services. Field trips required. Prerequisite: REC 320. 3 Credits

REC 331 — Programming Therapeutic Recreation Service

Introduces programming, leadership techniques, equipment selection, adaptations of activities for special population groups. Program conducted in various types of settings. Open only to students with a concentration in therapeutic recreation. Field trips required. Prerequisite: REC 230. 3 credits.

REC 340 — Outdoor Education and Camp Leadership

Understanding of outdoor recreation and camping. Practical application of camping skills is an integral part of the course. Prerequisite: REC 120. 3 credits.

REC 350 — Recreation and Park Areas

Principles of planning, construction, management of shelters, utilities and related problems. Field trips required. Prerequisites: 6 credits in REC. 3 credits.

REC 361 — Commercial Recreation

The nature of recreation in the private sector and the operation of commercial recreation enterprises. Field trips required. Prerequisite: REC 100. 3 credits.

REC 370 — Nature Recreation I

Study of the natural history of greater New Haven with instruction in the techniques of using knowledge of the out-of-doors in a nature recreation program. Field trips are taken to study the dominant living forms and the ecological characteristics of habitats. 3 credits.

REC 371 — Nature Recreation II

A continuation of REC 370, offered only in the spring semester. A field oriented course that involves study of local flora and fauna with emphasis on the use of this knowledge in nature recreation programs. 3 credits.

REC 381 — Leisure in Contemporary Society

Examines leisure as a human, cultural mirror and social instrument. Utilizes literature from several academic disciplines. Explores the importance of leisure on both the individual's quality of life and for society's well-being. Field Trips required. Prerequisite: 30 or more credits, ENG 101. 3 credits.

REC 391 — Interventions and Facilitation Techniques in Therapeutic Recreation

Facilitation and intervention techniques in the provision of therapeutic recreation services for individuals with disabilities. Focus is on identifying and applying the principles of planning, leading, and evaluating therapeutic intervention techniques used throughout the rehabilitation process. Prerequisite: REC 230. 3 credits.

REC 400 — Field Experience II

Supervised 480-hour practicum over a 12-week period in a professional setting. Emphasis on administration, supervision, teaching, and program leadership in various laboratory settings relating to community, non-profit, outdoor recreation, parks, special populations, and other recreation programs. Scheduled in senior year. Prerequisite: REC 320 and departmental permission. 6 credits.

REC 420 — Organization and Administration of Leisure

Entry-level practitioners are provided with understanding of basic principles of administration and their application to delivery of services. Administrative duties at all levels of service will be analyzed. Prerequisite: REC 320. 3 credits.

REC 431 — Current Practices in Therapeutic Recreation

Examination of therapeutic recreation and its role within the rehabilitation process. Focus includes behavioral intervention techniques, quality improvement systems, and current issues facing therapeutic recreation practices. Prerequisite: REC 230. 3 credits.

REC 433 — Field Experience in Therapeutic Recreation

Supervised 480 hours practicum over a 12-week period in a therapeutic recreation setting under the direction of a certified therapeutic specialist. Emphasis upon leadership, documentation, and programming. Prerequisites: REC 300 and 331. 6 credits.

REC 455 — Organization and Administration of Community Recreation Programs

Knowledge of planning, organizing and administering a cooperative, coordinated and integrated program of community athletics and sports for public, voluntary, private, civic, religious and industrial organizations. Students are required to become actively involved in ongoing programs. Prerequisite: REC 420. 3 credits.

REC 456 — Recreation Voluntary Youth Serving Agencies

Explores the philosophy and objectives of the voluntary youth serving agencies in the community. Techniques for developing recreation activities and programs as well as the solution of operational problems are considered. Field trips required. Prerequisite: REC 420. 3 credits.

REC 457 — Risk Management for Leisure Services

An examination of topics and principles related to the legal environment of leisure service agencies. Field trips required. Prerequisite: departmental permission. 3 credits.

REC 461 — Seminar in Commercial Recreation

A synthesis of the components of commercial recreation with emphasis upon the conceptualization of commercial recreation and its relationship to social, economic, and demographic factors. Prerequisite: REC 361 and 420. 3 credits.

REC 470 — Senior Research Methods

Basic principles of research, with specific characteristics and tools related to types of research germane to recreation and leisure services. Prerequisite: departmental permission. 3 credits.

REC 480L — Philosophy of Recreation and Leisure

This course is designed to give in-depth philosophical insights into fundamental concepts, values and functions of leisure and recreation as a human experience and a community service. Prerequisite: REC 300 and departmental permission. 3 credits.

REC 491 — Mobile Recreation Workshop

Theory and field experience in establishing, administering and operating mobile recreation units. Prerequisite: REC 320 or departmental permission. 3 credits.

REC 493 — Recreation Experimental Laboratory

Examination and experimentation of concepts, activities, programs and equipment in the recreation field. Prerequisite: REC 320 or departmental permission. 3 credits.

SOCIAL WORK

Todd Rofuth

DEPARTMENT CHAIRPERSON

MAJOR PROGRAM IN SOCIAL WORK

Social work has been designated as a growth profession for the coming century. The social work program prepares students for beginning generalist practice and for graduate degree programs. Students are eligible for membership in the National Association of Social Workers.

A course of study in social work includes 39 credits hour of specialized theoretical knowledge with concurrent field practica courses in the department, 41 credits of University Requirements, 24 credits of social work cognates, and 15 credits of free elective. This program draws heavily upon the behavioral sciences and the liberal arts. The student has the option to apply University Requirements, academic distribution, and free electives for a major or minor concentration in the fields of sociology-anthropology, psychology, economics, Spanish, and urban studies or other disciplines.

Freshmen, sophomores, and transfer students must consult with their social work adviser when registering for classes in order to ensure that they fulfill prerequisite and recommended liberal arts courses.

FRESHMAN YEAR

31 Credits

| | |
|--|---|
| Communication..... | 6 |
| Biology..... | 3 |
| Mathematics (Elementary Statistics) | 3 |
| Cultural Anthropology | 3 |
| Physical Education | 1 |
| Fine Arts History | 3 |
| Social Problems in U.S. or Urban Community | 3 |
| Foreign Language | 3 |
| Intro to Psychology..... | 3 |
| Electives | 3 |

SOPHOMORE YEAR

31 Credits

| | |
|---|---|
| Economics..... | 3 |
| History of World Civilizations..... | 3 |
| Natural Sciences, Group B | 3 |
| American Political Foundations | 3 |
| Developmental Psychology | 3 |
| Health Dynamics..... | 1 |
| The Family..... | 3 |
| Personality..... | 3 |
| Intro. To Helping Professions | 3 |
| Minorities in U.S. or Intergroup Relations..... | 3 |
| Electives | 3 |

JUNIOR YEAR

30 Credits

| | |
|--|---|
| Abnormal Psychology..... | 3 |
| Social Welfare Institutions | 3 |
| Human Behavior & Social Environ. I, II | 6 |
| Methods of Intervention I, III..... | 6 |
| Micro Skills Practicum..... | 3 |
| Electives | 6 |
| Computer Science | 3 |

SENIOR YEAR

30 Credits

Philosophy3
 Literature3
 Methods of Intervention II.....3
 Field Practice: Seminar II, III 12
 Social Welfare Institutions II3
 Social Work Research Methods3
 Electives6

Pre-advisement is available to students currently enrolled in two-year institutions who are interested in transferring to the bachelor's degree program in social work. These students should make an appointment with the B.S.W. program coordinator.

Admission and Continuation in the Social Work Program

In order to be considered for provisional admission to the program at the junior level, a student must meet the following requirements:

- acceptance by the University
- submission of an application to the Social Work Department
- completion of a minimum 42 credits at the time of application
- completion of a minimum 57 credits at the end of the sophomore year, including MAT 107 and ENG 101
- completion of SWK 200 with a minimum grade of C
- overall QPR of 2.5

In June, students accepted during the provisional phase will receive a letter confirming their admission after they meet the minimum criteria of 57 credits and a grade of C in SWK 200.

Continuation in the program is dependent upon satisfactory academic and professional performance. The minimum criteria for continuation includes a QPR of 2.5 overall, a QPR of 2.75 in social work courses, satisfactory field education practica evaluations, and a minimum of a C grade in field practice seminars.

If, in the professional judgment of the faculty, a student demonstrates practices that are harmful to clients, unethical, or unprofessional behavior, he or she will be placed on probation or requested to withdraw from the program.

The Social Work program is fully accredited by the Council on Social Work Education.

SOCIAL WORK COURSES

SWK 200 — Introduction to Helping Professions

Basic processes involved in the formation and use of professional relationships including 1) engagement, 2) observation and data gathering, 3) planning and goal formation, 4) intervention, 5) evaluation, and 6) disengagement. Students develop beginning skills in interpersonal communication, utilizing self-awareness and problem solving techniques in understanding and helping others. 3 credits.

SWK 320 — Human Behavior & the Social Environment I

Application of a social systems framework to identify and understand the relationships between such variables as race, culture, ethnicity, sex, and class, and their impact on human behavior. Open to social work majors only. 3 credits.

SWK 321 — Human Behavior & the Social Environment II

Study of families, groups, communities, and organizations from social systems framework, and how they interact with variables such as race, culture, ethnicity, sex, and class. Open to social work majors only. 3 credits.

SWK 330 — Social Welfare Institutions and Policies I

Theoretical and philosophical foundations of the social work profession focusing on the social, cultural, political, economic, and historical factors of social welfare services in the United States. The community survey method is used in applying these concepts. Open to social work majors only. 3 credits.

SWK 350 — Social Work Research Methods

Introduction to the methods for conducting practice evaluation in social work. Written class projects based on agency practice are required. Open to social work majors only. 3 credits.

SWK 376 — Methods of Intervention I

Theories, principles, tasks and skills of the generic helping process in social work practice. It introduces the student to the engagement, assessment, planning, intervention and interviewing processes as applied to individuals and families. Open to social work majors only. 3 credits.

SWK 377 — Methods of Intervention II

Group processes and structures; generic method applied to groups as client, target and action systems; professional teamwork; phases of group development and worker roles, tasks and direct/indirect interventions. Open to social work majors only. 3 credits.

SWK 378 — Methods of Intervention III

Analysis of methods and skills underlying generalist social work practice, focusing on organizations and communities as the subject for the worker's intervention, utilizing the problem-solving oriented process. Open to social work majors only.

SWK 390 — Micro Skills Practicum

The seminar, which integrates theory and practice, focuses on the beginning development of professional interpersonal skills such as engagement, assessment, termination, and evaluation. Open to social work majors only. 3 credits.*

SWK 430 — Social Welfare Institutions and Policies II

Study of social welfare policies and programs as a means to bring about social change. Open to social work majors only. 3 credits.

SWK 490 — Field Practice: Seminar II

The student assumes progressive responsibility for professional practice and is expected to function at a higher level of professional competence and more autonomously. Concurrent with 16 hours of weekly field practice in a social agency. Open to social work majors only. 6 credits.*

SWK 491 — Field Practice Seminar III

Concurrent with 16 hours of weekly field practice in the SWK 490 social agency. Open to social work majors only. Prerequisite: SWK 490. 6 credits.*

SWK 495 — Departmental Honors

Prerequisite: departmental permission. 3 credits.

SWK 499 — Independent Study

Prerequisite: departmental permission. 1-3 credits.