

Advisement Worksheet for Exercise and Sport Science B.S.

Using your degree evaluation, cross/check off the requirements below that you have successfully completed or are currently in. Then use the semester spaces to jot down your plan to fit in the remaining requirements.

5 courses a semester keeps you on track without summer/winter courses.

Bring your work to your advising meeting to discuss.

Summer:

Winter:

Fall Semester Courses	Spring Semester Courses

Common Prereqs (for those not placed directly into courses that require a certain level of proficiency. If not needed, check off.)

- MAT 100/P** - prereq to MAT 107, MAT 112 (MAT 100/P grade must be a C- or higher), CHE 120, PHY 103
- ENG 110 or 119** (for bilingual students) – prereq to ENG 112 or 120 (for bilingual students)
- Language 101** – prereq to level 3 language

Allied Health Core Courses

Minimum grade of C- required in all. Expected grades shown below. Listed in recommended order (not required order):

	Course	Prereq	Expected grade
	HMS 160		B+
	PCH 200		B+
	PSY 100 (Tier 2 MB)		B+
	BIO 100 or BIO 120 (Tier 2 LE)		C
	BIO 200		B
	BIO 201	BIO 200	B
	CHE 120 (Tier 2 PR)		C
	MAT 122 (Tier 1 QR)	*C- or higher in MAT 112 or MAT 120, or appropriate placement for MAT 122	C

LEP Tier Requirements

These are degree requirements that need to be completed before graduation, but most may be completed before beginning program. Not listed are the LEP requirements that overlap with ESS requirement already mentioned.

	Tier 1
	INQ
	Critical thinking
	Multilingual Communication
	Technological Fluency (for Allied Health)
	Written Communication
	Tier 2 (only 5 of the 6 italicized needs to be completed)
	Physical Realm (for Sport Science)
	<i>American Experience</i>
	<i>Creative Drive</i>
	<i>Cultural Expression</i>
	<i>Global Awareness</i>
	<i>Conflict and Consensus</i>
	<i>Time and Place</i>

Writing Intensive Requirements

Unless otherwise specified, 3 are required by graduation. **ENG 112 is not a W course.** 2 of the 3 will be found in your major requirements; therefore, it is recommended you find the third in your Tier 2 requirements.

Sport Science Core Courses

Minimum grade of C- required in all. Expected grades shown below. Listed in recommended order (not required order):

	Course	Prereq	Expected grade
	HMS 160		B+
	PCH 200		B+
	PSY 100 (Tier 2 MB)		B+
	BIO 100 or BIO 120 (Tier 2 LE)		C
	BIO 200 or HMS 281		B
	BIO 201 or HMS 282	BIO 200 for BIO 201	B
	PHY 103 (Tier 1 TF)		C
	MAT 107 or *MAT 122 (Tier 1 QR)	*C- or higher in MAT 112 or MAT 120, or appropriate placement for MAT 122	C

IMPORTANT INFORMATION

- * Students who declare a major in Exercise and Sport Science with either concentration will be given a “Pre-Allied Health” or “Pre-Sport Science” designation by the registrar.
- * When you have final core program courses in progress (or plan to take the last during the next intersession), you must formally apply for admission into the Exercise and Sport Science program. This typically happens during the second semester of the sophomore year.
- * Successful completion of the **core courses** (Core Course GPA of 2.70 or higher and no single grade lower than C-), which you will need to complete before the program begins.
- * Allied Health: overall university GPA- minimum 2.70, which equates to a B- average (a 2.69 will not be accepted).
- * Sport Science: overall university GPA- minimum 2.50, which equates to a C+/B- average (a 2.49 will not be accepted).
- * Application deadlines: Fall: October 1 / Spring: March 1

RESOURCES

PRE-REGISTRATION CHECKLIST includes **REGISTRATION DATES AND TIMES**: [CLICK HERE](#)

DEGREE EVALUATION:

To generate your degree evaluation for the Exercise and Sport Science program, follow the instructions below or to watch a video tutorial: [CLICK HERE](#)

1. Go to Banner Student
2. Select Records and Registration
3. Select Degree Evaluation

SCHEDULE PLANNER: To watch a quick video on how to use your Banner Web Schedule Planner [CLICK HERE](#) or for a Guide [CLICK HERE](#)

WRITING INTENSIVES and **LEP:** For information on how to find a course that meets a Writing Intensive (W) requirement and/or LEP requirement: [CLICK HERE](#)

CLASS COURSE SEARCH: We recommend you use this web-based class schedule search as it provides detailed information per course and section that will help you avoid registration errors: [CLICK HERE](#)

HOW TO REGISTER FOR COURSES: [CLICK HERE](#)

EXERCISE & SPORT SCIENCE HANDBOOK: About the program and its requirements, [CLICK HERE](#)