

## ABSTRACT

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Title: EFFECTS OF STRESS ON THE LIVES OF CORRECTIONS OFFICERS: A REVIEW OF THE LITERATURE

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This paper presents a systematic review of existing literature about correctional officers and stress. While much is known, there is a lack of qualitative data. For the most part, this literature is quantitative, identifying numerical rates of stress and burnout without any richness or context. The voices of correctional officers are not heard, instead the literature presents numbers that are far removed from the daily lived experiences of these public servants. Several autobiographic books were identified for inclusion in this review in order to address this gap in the peer-reviewed literature.

Working as a correctional officer is a very stressful job. Given the lack of support that exists for this population from the general public, and social workers, there is a need to center the voices of these correctional officers. Perhaps by hearing more narratives about their lives, social workers and other helping professionals will be more willing to develop interventions and reach out to this vulnerable population.