

ABSTRACT

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Title: A Study Examining Anxious Attachment And The Influence On Partner Violence And Wellbeing
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The following study was created to examine the anxious attachment style and how it can affect the individual who is insecurely attached. Based on previous research, I investigated how an anxious attachment style relates to levels of intimate partner violence perpetration and levels of anxiety and depression. 192 participants completed a cross-sectional survey to test the following hypotheses: 1) Individuals scoring high in anxious attachment will score lower in psychological need fulfillment, 2) Higher anxious attachment scores will predict an increased frequency of intimate partner violence, 3) Higher anxious attachment will predict higher general anxiety, and 4) Higher anxious attachment will predict greater depressive symptoms. It was concluded that each hypothesis was supported by results except for hypothesis 2, which was disputed. Further research should address the limitations of this study.