

# BIPOC Discussion and Support Group



May  
4

3:00 - 4:00

Facilitated by the MFT Department

## Join us on Zoom

Please e-mail  
[hernes1@southernct.edu](mailto:hernes1@southernct.edu)  
for registration info

### **Topics we hope to cover:**

1. How are we living, thriving, and connecting in a COVID-19 world?
2. Micro-aggressions: how are we celebrating ourselves and handling bias?
3. Who has time for imposter syndrome?