

# 2026 New Student Orientation Schedule-at-a-Glance

Check-in for students begins promptly at **8:15 AM** at the West Campus Residence Complex. Parking is available in the West Campus Parking Garage at 160 Wintergreen Avenue, New Haven. All students are expected to stay overnight and attendance is required.

While Family Orientation is not mandatory, we warmly encourage families to participate.

## Day 1

<b>8:15AM</b>	<b>Check-In, Move-in, and Get Ready!</b>	<b>West Campus Residence Complex</b>
Arrive, receive your materials, and connect with Orientation Ambassadors as you settle in.		
<b>9:00AM-9:40AM</b>	<b>Shabooya! Welcome and Introductions</b>	<b>Lyman Center</b>
Kick off Orientation with a high-energy welcome and OA introductions.		
<b>9:40AM- 9:45AM</b>	<b>Group Up!</b>	<b>Lyman Center Front Lawn</b>
Meet your Orientation group and connect with your assigned OAs. <i>Families will join the Family Orientation program at this time.</i>		
<b>9:45AM- 10:50AM</b>	<b>Connection Session: Your Key to Orientation</b>	<b>Group Rooms</b>
Get to know your group and learn what to expect during Orientation.		
<b>11:00am- 12:00pm</b>	<b>Rotation Schedule</b>	<b>Varies</b>
Move through a variety of programs, sessions, and activities with your group.		
<b>12:00pm- 12:50pm</b>	<b>Lunch Time Vibes</b>	<b>Conn Hall</b>
Relax, recharge, and connect with other new students.		
<b>1:00am- 3:15pm</b>	<b>Rotation Schedule</b>	<b>Varies</b>
Move through a variety of programs, sessions, and activities with your group.		
<b>3:10PM- 4:00PM</b>	<b>Connection Session: Parliamentary Procedures!</b>	<b>Group Rooms</b>
Reflect on the day and prepare for group challenges.		
<b>4:00PM- 4:45PM</b>	<b>Owl Games (H)</b>	<b>Buley Quad</b>
Compete in fun, high-energy team challenges with your group.		
<b>4:45PM- 5:45PM</b>	<b>The Owl Unwind: Chill Time</b>	
Take a break to relax and enjoy a low-key campus experience.		
<b>5:45PM- 6:30PM</b>	<b>Dine and Unwind: Dinner</b>	<b>Connecticut Hall</b>
Enjoy dinner and connect with fellow new students.		
<b>6:45PM- 7:30PM</b>	<b>Life and Times</b>	<b>Engleman Hall C112</b>
Watch engaging skits that highlight real college experiences.		
<b>7:30PM- 8:00PM</b>	<b>Connection Session: Pause and Reflect</b>	<b>Group Rooms</b>
Reflect on the day and prepare for evening activities.		
<b>8:00PM- 10:00PM</b>	<b>Live in the Sky: An Owlet Social</b>	<b>Residence Life Quad</b>
Enjoy games, activities, and social time across campus.		

## Day 2

<b>8:15AM- 9:00AM</b>	<b>Sunny Side Up at Southern</b>	<b>West Campus Quad</b>
Start your day with breakfast and reconnect with your peers.		
<b>9:00AM- 12:20PM</b>	<b>Rotation Schedule</b>	<b>Varies</b>
Move through a variety of programs, sessions, and activities with your group.		
<b>12:20pm- 1:20pm</b>	<b>Blue and White Bites: Lunch</b>	<b>Conn Hall</b>
Celebrate your progress and enjoy time with your fellow students.		
<b>1:20pm- 2:20pm</b>	<b>Connection Session: Words of Wisdom</b>	<b>Group Rooms</b>
Reflect on your experience and plan your next steps.		
<b>2:25PM- 3:00PM</b>	<b>Ready, Set, Soar!</b>	<b>Engleman Hall C112</b>
Reconnect and wrap up your Orientation experience.		
<b>3:10PM- 4:10PM</b>	<b>Home Sweet Home/Drive to Success</b>	<b>Varies</b>
<b>Home Sweet Home</b>		
Learn about the residential experience and campus living.		
<b>Drive to Success: Living the Commuter Life</b>		
Explore resources and strategies for commuter students.		
<b>4:15PM</b>	<b>Wings Up: Check-Out &amp; See-You-Later</b>	<b>West Campus</b>
Wrap up Orientation and prepare for the semester ahead.		

## Rotating Program Descriptions

### **Build Your First Semester: Academic Advising and Course Registration**

It's time to take the next big step in your Southern journey! During this session, you'll meet with academic advisors to review your major, explore course options, and register for your first-semester classes. You'll leave with a personalized schedule and a stronger understanding of what to expect when classes begin.

### **Bird's-Eye View**

This isn't a typical campus tour—it's a big-picture look at your Southern experience. **Bird's-Eye View** helps you connect the dots between everything you've learned during Orientation and where it all happens. Explore where your classes will be, discover key campus resources, and check out the spaces where you'll study, relax, and connect. It's all about turning information into confidence—and feeling ready to take flight this fall.

### **Get Owl Involved**

Discover how to make the most of your Southern experience! The Office of Student Involvement and Leadership Development will lead a fun, interactive session designed to show you how to find your community, attend events, join clubs and organizations, and take advantage of the opportunities that will shape your college journey—in and out of the classroom.

### **The BLUEprint for Success**

The BLUEprint for Success is an interactive experience that helps new students define their goals, explore the differences between high school and college, and build strategies for managing time, academics, and support while making early connections.

### **Choose Your Own Path- Adanti Student Center**

Choose from a variety of activities based on your interests, including gaming, relaxation spaces, fitness, campus services, and more.

- **Get Your Game On!** – Visit the Esports Lounge for a gaming experience.
- **Zen Out (L)** – Relax and decompress in the Zen Den.
- **Just Vibes (L)** – Enjoy music and recharge in the Fireplace Lounge.
- **Quick Sweat** – Get a quick workout in at the Fitness Center.
- **Go Shopping!** – Stop by the bookstore for exclusive NSO discounts.
- **Play** – Enjoy games like pool, foosball, and more in the game room.
- **Get Outside** – Relax and soak in some sun on the Buley Quad.
- **NCAA Athletes** – Connect with Athletics staff for next steps.
- **Business Time** – Get help with offices or complete your student ID photo.

## Program Key

While many Orientation programs include classroom-style discussions, presentations, and lectures, we also offer a variety of interactive and social activities throughout the experience. Each program is unique, and students are encouraged to engage in ways that best match their comfort level and expectations. To help guide your choices, some activities are labeled as **High-Energy (H)**—designed to be lively, spirited, and a bit louder—while others are marked **Lo-Fi (L)**, offering a more relaxed, low-stimulation environment for those who prefer a quieter pace.

